

## Transformation Ministries COVID-19 Guidelines

Transformation Ministries values the safety and well being of anyone coming for counseling, prayer ministry or attending a class or conference. We will adhere to all Federal or State guidelines mandated by law. There will be hand sanitizer available in all classrooms and TM offices. We will continue to arrange offices, classrooms, and conference space to encourage social distancing and minimize risk.

To prevent infection and to slow transmission of COVID-19, do the following:

- Wash your hands regularly with soap and water or clean them with alcohol-based hand rub.
- Optional unless under Federal or State mandate: Cover your mouth and nose with a mask when in public settings or around others.
- Maintain at least six feet distance between you and people coughing or sneezing.
- Avoid touching your face.
- Cover your mouth and nose when coughing or sneezing.
- Stay home if you feel unwell.
- Stay home if you are running a fever or have run a fever during the past 48 hours.
- Quarantine at home if you test positive for COVID-19 for 10 days.
- Email TM ([paula@trministries.org](mailto:paula@trministries.org) or [michelle@trministries.org](mailto:michelle@trministries.org)) if you test positive for COVID-19 so that anyone who was exposed can be notified.
- Email School Administrator ([michelle@trministries.org](mailto:michelle@trministries.org)) if you have concerns about seating during class.