



my best for you

*"I can talk about things with my parents without being embarrassed."
-Female Student*

*"This whole program/experience has been fantastic! Well prepared, timely, accurate, direct information that will help our whole family be guided to a life of God's will. What a great way to reach kids!"
-Dad*

*"I thought this is a great way to learn what God has planned for us. Thank you."
-Male student*

Clarity is committed to partnering with families to share God's truths about our sexuality.

Parents are the best teachers. The more openly parents talk to their children about God's truths and facts on sexuality, the healthier kids can be in their attitudes and behaviors. Teens consistently say their relationships and sexual decisions are influenced by their parents. However, because many parents today did not grow up in homes where sexuality was ever discussed, we know these conversations can be challenging. Yet, by the time our children reach the tween years, it is time to start talking. Your constant and caring involvement can inspire students to make healthy, God-honoring choices throughout their lives.

The *My Best for You* workshop empowers parents/adult mentors to create environments that model God's plan, honor a child's curiosity, and equip the whole child to make healthy decisions. We want to lay a foundation of truth so, when they reach adolescence, they are prepared to avoid selfish sexuality and all its consequences, yet still prepare them to enjoy a healthy expression of mature sexuality within marriage.

*"I believe it will make a very big impact in future discussions we have b/c of the groundwork that has been laid. Thank you."
-Dad*

*"The most helpful part was giving a platform to start healthy conversations about relationships and how they should look and feel."
-Mom*

*"When I first came I thought it would be boring, but it was really cool! It will help me see the right choices and now I know that God has an amazing plan for me."
-Female Student*






My Best For You will be presented at St. Peter's Lutheran Church/School, 719 5th Street, Columbus as follows:

- Parent Meeting: Tuesday, February 27th from 6:30 to 7:30 in room 2164.
- Workshop: Both Friday evening, 6-9, March 2nd, and Saturday morning, 9 to noon, March 3rd.

Utilizing both large group presentations and small group discussions, participants learn:

- Our worth comes from God
- Our identity is found in Jesus
- The Bible is our source of truth
- The male and female reproductive systems
- Sexual activity is a gift of intimacy and reproduction for married couples
- God provides healthy boundaries for our protection
- Skills to navigate relationships and the media
- To identify their support systems
- Jesus is our Savior, Guide and Strength

God's plan for our life is always in our best interest. Nothing the world offers can compare to living within God's truths. God wants us to have an abundant life in all areas while experiencing true freedom inside His safe boundaries.

**My Best For You
REGISTRATION FORM**

Names of those attending:

 Adult's Name(s) Relationship to Student

 Children (Names/Grade/Age/Sex):

 Primary Phone _____mC mH mW

 Street Address City ZIP

 Email Church

For more information email mybestforyou@claritycares.org.