

parenting CHRISTIAN kids



God Created You With a Purpose

POWERSOURCE

ASK JESUS:

1. To help your children realize they are wonderfully made—in God's image.
2. To remind family members they each have a God-given purpose.
3. To reveal his plans for each person, no matter his or her age.

Because January is a time for new beginnings, let's go back to the *very* beginning. Genesis, the Bible's first book, starts with the words "In the beginning, God created the heavens and the earth." Over six days, God made the entire world and everything in it.

Young children are usually intrigued by the creatures God fashioned to fill the air, water, and land. Most children's Bibles colorfully depict the variety of marvelous animals God made. Yet it's also important to emphasize God's final creative act before resting: making people in his own image.

Humans weren't just God's grand experiment; instead, our Creator has a specific purpose and plan for

each of his beloved children. As kids grow, they often wonder, "Why am I here?" or "What am I supposed to do with my life?"

The main reason God created people is because he wants to have a relationship with us. Our ultimate purpose is to love God and to believe in his Son, Jesus. By growing closer to God through his Word and through prayer, we can begin discovering what specific plans he has in store for our lives. As Ephesians 2:10 (NLT) says, "We are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."

Read on for some active experiences that reinforce what God made and how he created us with a purpose.

Everything God Made Is Good!

After creating the world, God called it good. What an understatement! In fact, God's work is *incredible*! Whether you look at creation up close or from far off, you must admit it's amazing. God thought up the tiniest bug and the largest planet. And he created people—not merely to populate his world but to share him and his love with others. We've never needed God's love more. Although human sinfulness marred his perfect world, God never gives up on us. Instead, he faithfully continues working through his imperfect creations to fulfill a perfect plan.



TEACHABLE MOMENTS

God's Plan Boxes

You'll need a Bible, one medium-size box per family member, wrapping paper, and decorating supplies such as markers and stickers. Decorate your boxes, making sure they still open.

Afterward, say: **Let's store in these boxes reminders of how God uses challenges to do great things in our lives. For example, you can add a ribbon from a sports event to remind you of the satisfaction that comes from practice. Or you can include a note of encouragement you receive.**

Read aloud Psalm 33:11. Ask: **What does this Bible verse say about God's plans for you? What are some amazing things God has already done in your life?**

Read aloud Psalm 40:4-5. Ask: **Why do you think God takes the time to make plans for each of us? Why is it important to follow God's plan?**

Close in prayer, thanking God for making each of you "on purpose."

Time to Create! Make clay by squishing together for five minutes 1 cup flour, 1/3 cup salt, and 1/3 cup tap water. Create a never-seen-before animal or plant. Name the creation and compare it to something God made in Genesis 1.

Wonderfully Made Read aloud Psalm 139:14. Call out body parts, and have family members name good uses for each one. For example, "God gave me hands to help others," or "I use my ears to listen to teachers." Then hold hands and repeat the first part of the verse four times.

Creation Snack Mix Make a treat to represent what God created:

Day 1: Light and dark (*mini Oreo cookies*)

Day 2: Sky and ground (*Frosted Mini-Wheats cereal*)

Day 3: Trees, grass, and flowers (*stick pretzels, green and red M&M's candies*)

Day 4: Sun, moon, and stars (*orange and yellow M&M's candies*)

Day 5: Birds and fish (*Goldfish crackers*)

Day 6: People, plus all animals that walk on the ground (*animal cookies*)

Day 7: God rested (*marshmallow "pillows"*) and saw that everything he made was good (*enjoy!*).

Follow God's Plans Cut a large red paper heart into 10 pieces. Put each piece in a separate envelope. Tape five envelopes in easy-to-see places and five in hard-to-see places (inside cabinet doors or under chairs). Tell family members to search for 10 envelopes while following your traveling instructions (hop, tiptoe, crawl, etc.). Lead the group to all the envelopes, then assemble the pieces. Ask: "How does God show us his love?" Read aloud Jeremiah 29:11. Say: "God loves us and has good plans for us. If you hadn't followed my instructions, you wouldn't have found all these pieces. Let's follow God so we don't miss the great things he has planned for us!"

A Perfect Plan Display a globe. Say: "We can see only a small part of the world at a time, but God always sees his entire creation—and has a plan for every creature." Ask what jobs God gave cows, dogs, and mosquitoes. Say: "Although they're pesky to us, mosquitoes even have a place in God's world, as food for bats and birds." Read aloud Psalm 89:11. Say: "This Bible verse reminds us that God has a plan for everything he made—even mosquitoes!" Put your hands on the globe and pray, thanking God for the whole world.

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope."
—Jeremiah 29:11

MEDIA MADNESS



MOVIE

Title: *A Dog's Way Home*

Genre: Adventure, Family

Rating: PG

Cast: Bryce Dallas Howard, Ashley Judd, Edward James Olmos

Synopsis: In this movie, based on a novel by W. Bruce Cameron, Bella the pitbull travels 400 miles to return to Lucas, her owner. The loyal dog must survive the Colorado wilderness to make it back to her "person."

Our Take: As with Cameron's book and movie *A Dog's Purpose*, expect this to tug on your heartstrings. The perilous situations may be tough for some children to watch. Discuss the concepts of being "lost and found"—especially how Jesus searches for us, his lost sheep. Also talk about what it means to have unwavering devotion.



TV

Title: *Let's Go, Luna!*

Network: PBS Kids

Synopsis: This new TV series for kids ages 4 to 7 introduces viewers to cultures throughout the world. As three friends (a wombat, a butterfly, and a frog) travel with their parents' performance troupe, Luna the Moon helps them learn about each region and its people, food, music, and folktales. Each episode contains two 11-minute stories.

Our Take: PBS continues to make education fun and age-appropriate. This series encourages curiosity about our diverse world and teaches basic social-studies concepts. It also shows children the importance of global citizenship and cultural appreciation—lessons you can reinforce when you travel as a family, even close to home.

Games, Podcasts & Apps

Super Mario Party

This Nintendo Switch game offers the original board-game-style play of *Mario Party* but with upgraded strategic elements. It also has 80 skill-based mini-games and Toad's Rec Room, which lets you pair up two gaming systems. Up to four people can play. Rated E, with mild cartoon violence.

Grimm, Grimmer, Grimmest

This podcast from Pinna, an ad-free app for ages 3-8, features Grimm fairy tales with a twist. A classroom of grade-schoolers tries to predict plot points, reacts to enchanting creatures, and challenges the tales' logic. Reviews call the podcast fun, daring, and highly interactive.

Bully Alert

Researchers developed this free Android app to combat cyberbullying. The app tracks a child's public Instagram account for signs of bullying and alerts parents within two hours of the onset of any problems. Parental feedback helps the app become personalized over time.



CULTURE & TRENDS

Getting Organized Nannies are so 2018! More parents are using "family assistants" to help with childcare, household duties, driving, and schedule management. Two moms who launched the family-assistant service Nest Easy say meal prep is one of their clients' biggest needs. (*various websites*)

Slime Is Here to Stay Love it or hate it, the slime craze is more than a fad. Forecasters say the glue-hungry goop "has legs" because caregivers seek out tactile, educational activities for kids. (*cen.acs.org*)

QUICK STATS

Back-to-School, Winter Edition If you ran out of ideas to keep kids busy over Christmas break, you're not alone. Last year, 58% of parents said they wished summer break were over after 13 days. (*businesswire.com*)

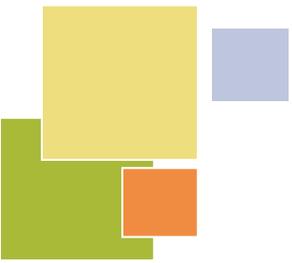
Soup's On—Use Care! Almost 10,000 U.S. children receive burns from instant-soup products every year. (*aap.org*)

On the Horizon? Although only about 5% of families own a virtual reality headset, 62% of parents believe VR will prove educational for their kids. (*smallbiztrends.com; commonsensemedia.org*)

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This page is designed to help educate parents and isn't meant to endorse any movie, music, or product. Our prayer is that you'll make informed decisions about what your children watch, read, listen to, and play.



January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 New Year's Day	2	3 Worship 7pm	4	5 CPP 10am Worship 6pm
6 Worship 8 & 10:45am No Children's SS class at 9:30am	7	8 CPP 6:30pm	9 Wednesday night connections Dinner 5:30 classes begin at 6:30pm	10 Worship 7pm	11	12 Worship 6pm
13 Worship 8 & 10:45am Children's SS class at 9:30am	14	15	16 Wednesday night connections Dinner 5:30 classes begin at 6:30pm	17 Worship 7pm	18	19 Worship 6pm
20 Worship 8 & 10:45am Children's SS class at 9:30am	21 No School St Peter's office is closed MLK Jr. Day	22 Baptism Class 7pm	23 Wednesday night connections Dinner 5:30 classes begin at 6:30pm	24 Worship 7pm	25	26 Worship 6pm
27 Worship 8 & 10:45am Children's SS class at 9:30am	28	29	30 Wednesday night connections Dinner 5:30 classes begin at 6:30pm	31 Worship 7pm		

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Wisdom in Daily Living from D6 family

You Pick

Put a kitchen utensil in a bag (one per bag) and allow each family member to choose his eating utensil for dinner (no touching to see what might be inside either). Each person must eat their dinner using ONLY the utensil he/she chose. (Hopefully there will be some laughter.)

- *What would have made your choice easier?* (Being able to see what was in the bags.)
- *What are some choices we make each day?* (what cereal to eat; what clothes to wear; what game to play; whether to yell at a sibling or speak kind words; whether to tell the truth or a lie; and lots more!)

Are there consequences to the choices we make?

(Yes! Some consequences for wrong choices: we feel guilty; we get into trouble; we make the Holy Spirit sad; we hurt others; etc.) Even if it looks like there are no consequences, sin and wrong choices always hurt us. If we think we get away with doing wrong things, that is a worse consequence than getting caught because it might encourage us to sin more.

Choosing God's way (as told to us in the Bible) is the best way to live.

Ask your kids: *Will you always make wise choices?* (unfortunately, not.) *What should you do when you make the wrong choice?*

(Tell God we sinned and ask Him to forgive us; try to make it right with others; tell others we are sorry if they were involved; etc.)

Parents – you may want to share what you do when you make a wrong choice. It is good for us to say, “I’m sorry I yelled at you. I’m sorry I lied.” And when they hear you asking God to forgive you, they will begin to understand God’s grace.

Jesus is bigger than our wrong choices. He forgives us and still loves us even when we fail to make the right choices.



Father Daughter Dance 2019

The Father Daughter Dance began at St Peter's in 2007 as the brainstorm of our members Janice Sabotin and Karen Redding. Children's ministry walked alongside of them and helped them financially get on their feet the first year. So much fun was had, and many blessings were seen as a result of this time for fathers and daughters that it has continued every year since. Julie Winters is in charge of the dance this year, with many people helping and walking alongside her. If you are interested in helping, please contact Julie at jwinters0504@gmail.com



Father Daughter Dance – Saturday, March 2nd

Please check

our Facebook page – St Peters Lutheran
Children's ministry-
or our website www.stpeterscolumbus.org
for information on signup beginning in late
January or early February.



From Dr. James Dobson's
Family Talk
Successful families don't
just happen by chance.

Every spouse and parent
knows it takes commitment,
sacrifice, and great
intentionality. At Family Talk,
we want to help you make your
family succeed.

Here are the 10 most popular
(and timeless) blogs from the
past year to get you started.

10. [A Wife's Countenance](#)

9. [The Power of Words](#)

8. [5 Truths for True Love in
Your Marriage](#)

7. [Angry Women and
Passive Men](#)

6. [Dads to Daughters: 5
Things to Look for in a Man](#)

5. [Having an "I Am Third"
Marriage](#)

4. [Your Sex-Starved
Husband](#)

3. [11 Marriage Killers You
Need To Avoid](#)

2. [The Ways Men Need
Their Wives](#)

1. [Women Have Needs
That Men Do Not
Comprehend](#)