

FOOD DRIVE LIST

Thank you for partnering with Community Bible Church in its food drive. Before securing and dropping off your food donations, though, please take some time to familiarize yourself with the following guidelines and list of acceptable items.

Please keep in mind that some items simply can't be used, such as alcohol of any kind, home-canned goods, items bottled or packaged in glass, expired or damaged products, and items with ingredients in languages other than English. Some of the most useful items are those that come in kid-friendly sizes, those with easy-to-open packaging, and those that don't require cooking. The following is a list of highly usable, helpful foods:

- Boxed macaroni and cheese
- Canned fruit (e.g., pears, peaches, applesauce, mixed fruit), preferably in a low-sugar or no-added-sugar juice
- Canned meats (tuna, chicken, and Spam)
- Canned sauces (e.g., pasta and enchilada sauces)
- Canned soups and stews, including low-sodium options
- Canned vegetables (peas, corn, green beans, etc.), including low-salt or no-added-salt items
- Dried fruit (prunes, mangoes, apricots, raisins, etc.), preferably with low sugar or no sugar added
- Dried herbs and spices and no-salt spice blends
- Flour
- Granola bars
- Green, white, and herbal teas
- Juices (apple, grape, mixed fruit, etc.), preferably 100% juice
- Low-fat dry milk or shelf-stable milk
- Nut butters (e.g., peanut, almond, and walnut butters)
- Oatmeal
- Prepackaged, unsalted nuts (e.g., almonds, walnuts, pistachios, pecans)
- Rice
- Shelf-stable milk alternatives (e.g., soy milk, almond milk, rice milk)
- Sugar and natural sweeteners, such as honey
- Whole grain dry cereals (granola, Cheerios, Life, etc.)
- Whole grain pastas (spaghetti, macaroni, etc.)