

**House Church Gathering Discussion Questions**  
**Sunday May 3, 2026**  
**“Come and See How Hope Is Renewed”**

**Scripture: Lamentations 3:22-24**

Because of the Lord’s great love we are not consumed,  
for his compassions never fail.

<sup>23</sup> They are new every morning;  
great is your faithfulness.

<sup>24</sup> I say to myself, “The Lord is my portion;  
therefore I will wait for him.”

**Summary:** In *Lamentations 3*, hope is not discovered apart from suffering, but in the middle of it. The writer moves from deep weariness and honest lament to a turning point where he intentionally remembers God’s truth. Renewal begins when we shift our focus from our circumstances to God’s unchanging character—His steadfast love, unfailing compassion, and daily renewed faithfulness. True hope is not based on what changes around us, but on who God is. As we choose to declare, “The Lord is my portion,” we learn to trust Him daily, finding renewed strength and hope even when life remains uncertain.

**Discussion Questions:**

**1. Where has your hope been worn down recently—and how have you been responding to that weariness?**

This question helps you identify not just *what* you’re going through, but *how* you are processing it (avoidance, control, discouragement, etc.).

**2. What truths about God do you need to “call to mind” right now—and what is competing for your attention instead?**

This question encourages you to examine your thought patterns and recognize the tension between God’s truth and the narratives you may be believing.

**3. What would it practically look like for you this week to say, “The Lord is my portion”—in one specific area of your life?**

This moves from reflection to action. This questions helps you identify a real-life situation (work, family, health, future) where you can actively choose trust and dependence on God.