

**House Church Gathering Discussion Questions**  
**Sunday April 12, 2026**  
**“Come and See the Freedom of Letting Go”**

**Scripture:** Matthew 16:24-26

24 Then Jesus said to his disciples, “Whoever wants to be my disciple must deny themselves and take up their cross and follow me. 25 For whoever wants to save their life will lose it, but whoever loses their life for me will find it. 26 What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?”

**Summary:** In **Matthew 16:24–26**, Jesus invites us to discover that true freedom is found not in holding on, but in letting go. By surrendering control, we learn to trust God more deeply; by letting go of our self-focused identity, we discover who we truly are in Christ; and by releasing our grip on the temporary things of this world, we gain what is eternal. What feels like loss is actually the pathway to life—because when we fully surrender to Jesus, we find the freedom we’ve been searching for.

**Discussion Questions:**

1. What is one area of my life I am struggling to surrender to God?
2. In what ways am I trying to “save” my life instead of trusting Jesus?
3. What temporary things am I holding onto that may be keeping me from eternal purpose?