


“Need A Lift?”

John 5:1-9

March 31, 2019



Read John 5:1-9

1. Why do you think many people prefer to stay in their current condition or circumstance?
2. What have you done in the past to help you get out of your comfort zone?
3. Who do we generally rely on for help?
4. Why are we slow to ask for help from God in our current condition?
5. What are some common excuses you hear from people, or even yourself, as to why we don't want to make a change?
6. What changes need to be made in your life? (Share with the group if you feel comfortable)
7. When you decide to make a change in your life, does God change all of your circumstances?

Jesus has the power to save our souls and also heal our physical bodies, but Jesus doesn't necessarily change our outer circumstances or physical sickness. He changes us, from the inside.

8. How should you view the problems that are currently affecting you?

The life Jesus offers doesn't just happen at some point in the future when all is made well. It happens in this place, at this time, in these circumstances.

9. How can we turn over our problems and circumstances to God? What are some actions steps that we must take?

Pray for one another, asking God to help us see that He is the source of encouragement we need when we need a lift and turn over our problems and circumstances to Him.