

Sermon Discussion Questions  
Down...But Not Out  
Psalm 31  
February 10, 2019

1. You may have heard the saying, "What if you woke up tomorrow with only the things you thanked God for today?" Let's take some time to give thanks to God for all we have.
2. Read Psalm 31:1-8. What are the characteristics of God based on this text? How does this affect how we live?
3. Sometimes we have a hard time being faithful, because we have a hard time remembering God's faithfulness. Can you share about a time when you doubted God was listening to your prayers, yet He came through and showed you His faithfulness?
  - a. How can we remember God's faithfulness when facing trials?
4. Brian talked about our will to control our own lives gets in the way of surrendering to God. How are we doing with control in our lives?
  - a. What are we holding onto that God wants to take control of?
  - b. What prevents us from giving our lives over to God?
5. How high is your gratitude meter (if you were to rank yourself 1-10)? What would it take to move one notch up? Would that be beneficial?
6. Optional reading: Read 2 Samuel 13-19 to gain an understanding of what was happening in David's life when he wrote Psalm 31.