We are here to help! Please take the number below if: you or someone you know has experienced any of the above situations, you want to talk to someone, or you are seeking supportive services. We do not discriminate in any way, allow you to remain anonymous if desired. The hotline is open 24/7.

These services are available to any person in the following cities:

- Virginia Beach
- Chesapeake
- Portsmouth
- Suffolk
- Norfolk

HELP AND EMERGENCY RESPONSE, INC.

eliminating racism empowering women ywca

SAMARITAN HOUSE

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