

Voices of Hope Youth Suicide Prevention Day

Saturday, March 28, 9:00 AM until Noon

We have a very special, informative morning planned for our church and community; for Awareness, Support, and Prevention.

What to expect: There will be a panel of professionals who deal with youth, social media, and bullying. We'll watch a documentary, *My Ascension*, about a girl who struggled with anxiety and depression that attempted suicide.

Let me share a few alarming stats:

- Suicide was the second leading cause of death in 2023 for **youth ages 10-24**.
- Every day in the US **20** young people commit suicide.
- Emergency Room visits for self-harm have increased for adolescent girls by 188% since 2010.
 - Suicide rates for adolescents have increased- for **boys 91%** and for **girls 167%** since 2010.
- 16% of high school students made a suicide plan during the past year (21% female and 12% male).

Because we are concerned about our kids, the people in our community and especially the youth as anxiety, depression, self-harm, and suicide ideology are on the rise.

We want to bring awareness to these issues facing young people. We want to give you **effective tools** to help you in dealing with these issues, **warning signs** every parent should know, tools for **starting hard conversations** from experts

This event is for **parents, grandparents, educators, community leaders, and church leaders** from our community. There are flyers in the north foyer you can use to invite others.

Contact email: jalexander@gchurch.net

**Together, we can make a difference.
 Together, we can save lives.**



There are several ministry teams that are looking for talented people **just like you!**

- Our **Cleaning Team** is wanting volunteers that can give some time each week or bi-weekly to clean a specific area of the building. Some come for an hour, some for JUST 30 minutes. **Contact email: tommyhrad@gmail.com**

**These 2 teams need help only
 Once a Month:**

- We're excited to report that our **Children's Ministry** is growing! KidsWorld has an immediate need for volunteer helpers in **Nursery through 6th grade**. Whether you want to rock a baby, assist a classroom teacher, or lead a small group-*we have a place for you*. **Contact email: melissa@gchurch.net**
- Our **Audio Visual Department** will train you to help out in the audio booth working with our sound equipment during a Sunday morning service.
 - ➔ We have an opening for a volunteer to work the **graphics computer** once a month. You'll be working with the Worship Team.
 - ➔ We need one volunteer to work the **live stream system** once a month. We need another for just once a quarter! *Of course, we will train you.* **Contact email: loren@gchurch.net**

*If want to volunteer we'll plug you into our turn-key system!
 Just call the church office at 281-367-2417 or email us at office@gchurch.net and we will be happy to help you get started.
 You can even sign up online at gchurch.net/serve*



Ladies, we have a dream! It looks like ladies of all ages getting together to spend time with the Lord focusing on *Dignity, Devotion, Discernment, and Deliverance*.

The retreat has filled all spots. We're so excited for you to join us, if you signed up for the Ladies Retreat. We pray that each lady receives a touch by the Lord.

Contact email: amytyce@gchurch.net

Church Office Hours:
 Tuesday - Thursday 9:00 AM to 3:00 PM
 Friday 9:00 AM to 1:00 PM

March 2026

March 8	Rev. Ryan Edberg Daylight Savings Begins
March 13	Estudio Bíblico Mujeres
March 15	Missions Sunday
March 18	3 rd Wednesday Bible Study
Mar. 20-22	Ladies Retreat
March 21	Men's Bible Study
March 22	All Generations Sunday
March 27	Young Adults Bible Study
March 28	Voices of Hope-Youth Suicide Prevention Day

April 2026 Highlights

April 1	1 st Wednesday Bible Study
April 3	Rayford Hope Outreach
April 3	Good Friday Service
April 5	Resurrection Sunday
April 12	All Church Picnic

Happy Birthday

Happy Birthday this week:

Nina Cady	March 8
Nicolai Sanchez	March 8
Leon Bryant	March 10
Bella Grace Martinez	March 12
Victoria Tonsfeldt	March 14
Terry Wilson	March 14