

THE HEALTHY HABITS OF A LOVING HEART

1 Corinthians 13:6-7 and selected Scriptures

1 Corinthians 13:6-7 states, *“Love rejoices in the truth...Love always protects, always trusts, always hopes, and always perseveres...and it never fails.”*

I will...

1. Develop habits that _____ me physically.

(Psalm 127:2 and Psalm 119:73)

1 Corinthians 6:19-20 – *“Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? For you were bought with a price; therefore, glorify God in your body.”*

2. Develop habits that _____ me emotionally.

Mark 6:31 – *“He said to them, ‘Come away to a deserted place all by yourselves and rest a while.’ For many were coming and going, and they had no leisure even to eat.”*

(Matthew 11:19, Proverbs 17:22, and Proverbs 14:39)

3. Develop habits that _____ me spiritually.

2 Corinthians 4:16 – *“So we do not lose heart. Even though our outer nature is wasting away, our inner nature is being renewed day by day.”*

(1 Peter 5:7, Hebrews 10:25, Psalm 59:16, Ephesians 3:18)

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