

ROOTED: Spiritual Rules
Colossians 2:16-23

This week, we resumed our series in Colossians.

Do you remember any big ideas or themes from what we've previously studied in Colossians?

False teachers were influencing the Christians in Colossae and suggesting that faith in Jesus was not enough to make one pleasing to God or bring about forgiveness. In this week's text, Paul is trying to encourage the Christians who are being given lists of things they need to do in order to be pleasing to God.

Have you ever encountered a man-made list of what a person should do in order to be pleasing and acceptable to God?

If so, how did you respond to that list?

An overarching theme in Colossians, and the Bible, is that we are to pursue holiness and that we are to depend on the Holy Spirit to make us holy.

What happens if we do only of those things, to the exclusion of the other?

Is it easy to hold those two truths in tension? How do we hold in proper tension (i) dependence on the Holy Spirit with (ii) discipline for holiness.

Do you know people who have tried to better their own life and grow spiritually largely through their own efforts? Do you think that has been effective?

Do you know people who are doing nothing to grow spiritually because they are simply waiting for the Holy Spirit to work in their lives? Do you think that is healthy and effective?

The sermon discussed the difference between biblical commands, convictions, preferences, and guardrails.

Briefly discuss what each of these categories are.

Have you ever seen when these categories have gotten blurred? Have you ever reduced (or seen someone reduce) a biblical command down to the level of a preference or conviction? Have you ever elevated (or seen someone elevate) a preference or conviction up to the level of a biblical command?