

**ROOTED: Changed Life**  
Colossians 1:3-8

**Sunday's sermon was about spiritual change and a biblical perspective on what's involved.**

*How often do you think people assess whether there are areas in their lives in which they need to spiritually change, grow and mature?*

*What are some factors that keep people from spiritually maturing and changing?*

**The text reveals that God is the one who causes spiritual change and growth**

*What do you think is the relationship between God's role in spiritual growth and our role? If you know, what does the Bible suggest is the relationship between God's role in our spiritual growth and our role?*

*Have you ever known people who think that spiritual maturity depends primarily on their efforts and work? If so, have those efforts been successful? Have they become discouraged? Have they faked "change" to try to impress other people? Have they managed some behavior and, as a result, become arrogant and self-righteous?*

*What, if any, areas in your life have you seen God change and grow over the past years?*

*Is there an area in your life in which you are presently asking God to help you change?*

**The text reveals that it was the Colossians' hope that God used to lead them to faith. Read and discuss the following quote by C.S. Lewis:**

*Creatures are not born with desires unless satisfaction for those desires exists...If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world. If none of my earthly pleasures satisfy it, that does not prove that the universe is a fraud. Probably earthly pleasures were never meant to satisfy it, but only to arouse it, to suggest the real thing.*

C.S. Lewis  
Mere Christianity