

**CHRISTIANS AND... LUST**  
**Matthew 5:27-30**

**This week's text and sermon deal with issues of adultery and lust.**

*How often have you heard churches discuss issues related to sex and sexuality?*

*Do you think that is something that churches should discuss? If so, why?*

*Do you think churches should avoid discussing that issue? If so, why?*

*Do you think non-christians might think that God is anti-sex? If so, why?*

*Do we live in a culture that openly discusses and/or promotes sex and sexual issues? If so, do you think that is a good thing or bad thing?*

**During the sermon, we heard a quote from Martin Luther that said "you cannot keep birds from flying over your head but you can keep them from building a nest in your hair"**

*How does that quote relate to the issue of lust?*

**Read Proverbs 7:6-22**

*Review and discuss all of the choices the young man made before engaging in the sexually improper act.*

*What could he have done differently?*

*Why do you think people say "it just happened" when trying to explain or justify a sexual sin or immoral choice?*

*Do you agree with the sermon point that "sexual sin results from a series of choices?" If so, what very practical things can people do to ensure that they do not get caught in a series of progressively bad choices?*

*What are ways, in our culture, that people can proactively and purposefully guard themselves against sexual sin?*