

# *Archdale Friends Meeting*

November 27th, 2020

**Gratitude** --that's what Thanksgiving is all about. In a recent interview Michael J. Fox, one of my all time favorite actors who has struggled for many years with Parkinson's, said "You can't feel optimism without gratitude". And we all need a little optimism in the midst of a pandemic that isn't backing down!

So let's give thanks. Thanks for...you fill in the blank. Thanks for giving. What charity will you give to; what friend, family member, or stranger will you help out? Thanks forgiving. Who will you forgive, so that you can carry on with thanks living?

Blessings and happy Thanksgiving!

*Charlene*