

**4 May 2018**

**“The Positive and Negative Golden Rule”**

Scripture Verse: “Do not say, “I will do to others as they have done to me; I will pay them back for what they have done’ ” (Proverbs 24:29).

Many doctors have shown the faith they had in their discoveries by first trying them on themselves. Jonas Salk, whose polio vaccine virtually wiped out that disease often tested serums on himself. The German surgeon Forssman, who developed the procedure of heart catheterization, did it first on himself.

Who would go to a doctor who refused to take his own medicine? Yet, many people are long on prescriptions for others, yet woefully dismal in taking their own medicine.

We who prescribe purity of life must ourselves be pure. We who urge honesty must ourselves be honest. We, who recommend truthfulness, must ourselves tell the truth. The world expects Christians to take themselves the medicine they prescribe for others. They expect us to live by the rules we recommend.

Action focus: Spend one whole day living the golden rule: “Do to others as you would have them do to you” (Luke 6:31).

**Come, Worship  
Stay, Learn  
God, Serve**