

## How Would You Rate Your Prayer Life?

Answer each of the following questions and give yourself a score of 4 for "always", 3 for "often", 2 for "sometimes", 1 for "seldom", and 0 for "never".

- \_\_\_\_\_ 1. Do you set aside time for prayer in private every day?
- \_\_\_\_\_ 2. Are you able to keep your thoughts from wandering to other matters when you pray?
- \_\_\_\_\_ 3. Do you make yourself get up promptly in the morning in order not to neglect prayer?
- \_\_\_\_\_ 4. In public prayer are you able to forget the people present and make real contact with God?
- \_\_\_\_\_ 5. Do you always approach the Father through Jesus' name? Ephesians 3:12
- \_\_\_\_\_ 6. Do you diligently watch for and record answers to your prayers?
- \_\_\_\_\_ 7. After receiving an answer to prayer, do you fulfill any promises you made to God?
- \_\_\_\_\_ 8. When you pray in public do you resist the temptation to orate?
- \_\_\_\_\_ 9. Do you share with others when you receive definite answers to prayer?
- \_\_\_\_\_ 10. Do you have a prayer list?
- \_\_\_\_\_ 11. Do you wake up in the morning with a definite prayer in your heart and on your lips?
- \_\_\_\_\_ 12. When others are praying, are you courteous and reverent, praying silently with them?
- \_\_\_\_\_ 13. Are you willing to be the instrument by which God answers your prayers?

- \_\_\_\_\_ 14. Do you keep your promises to missionaries and others who ask for your prayer help?
- \_\_\_\_\_ 15. In sickness or trouble of any nature is prayer your first thought?
- \_\_\_\_\_ 16. In saying grace at the table do you avoid mechanical statements and really thank Him?
- \_\_\_\_\_ 17. Do you remember to pray regularly, as God commanded, for our government?
- \_\_\_\_\_ 18. When you instruct others in praying do you teach them to talk to God?
- \_\_\_\_\_ 19. Are you free to incorporate Scriptural expressions in your prayer?
- \_\_\_\_\_ 20. Do you refuse to use your public prayer to instruct or attack others?
- \_\_\_\_\_ 21. Are you so in earnest about your requests that you come to God again and again with them?
- \_\_\_\_\_ 22. Is your most fervent prayer all the time prayer for the salvation of the lost and the welfare of fellow Christians?
- \_\_\_\_\_ 23. Do you really fight the interruptions that would keep you from praying?
- \_\_\_\_\_ 24. Do you utilize prayer as a means of resisting temptation?
- \_\_\_\_\_ 25. When you pray, do you honestly seek the glory of God?
- \_\_\_\_\_ Total points

If you score 100, you have a rather outstanding prayer life. If not more than 50, put yourself at the top of your prayer list.