

# TAKE

# GROUND

# ///2026

Name \_\_\_\_\_

Contact \_\_\_\_\_

# 2026

## TAKE GROUND

### 21 DAYS OF PRAYER & FASTING

This journal serves as both a catalyst to start your year and a spiritual tool to help you throughout the year. Our theme for 2026 is “TAKE GROUND.” God is calling us in this season to take ground – in our personal lives, in our homes, in our work & endeavors, and spiritually as a church community. Our theme verse is Isaiah 54:1-6 – *“Clear lots of ground & make your tents large. Spread out, think big! Use plenty of rope, drive the stakes deep. You’re going to need lots of room for your growing family. You’ll take ground and settle in. Don’t be afraid or hold back, it’ll be worth it. You’ll forget all about your past, for your maker is the God-of-Angel-Armies (paraphrased)!”*

For this time of prayer and fasting, we’ve laid out 3 Themes, one for each week. Each day, take a moment to slow down and pray through the scripture and allow it to take root in you. We also suggest reading the daily laid-out reading plan so that you can start a sustainable habit going forward.

**WEEK 1** (January 5-11) – **TAKE GROUND IN YOUR LIFE**

**WEEK 2** (January 12-18) – **TAKE GROUND IN YOUR HOME**

**WEEK 3** (January 19-25) – **TAKE GROUND IN YOUR WORK**

**CONCLUSION** - **TAKE GROUND AS A COMMUNITY**

Keep in mind, each person may engage this time of prayer and fasting differently. Some may jump straight into the year-long reading plan. Others may take their time. The key is that you lean into God for strength and seek to hear His voice! Let’s take ground together!

## WEEK 1: IN YOU (PERSONAL LIFE)

The hardest person to lead is yourself. It's easy to wish for things but much harder to take steps toward those things. It's easy to have big dreams with a lack of accountability, or to look at what others are doing and make excuses for ourselves. But great things happen when we lead ourselves (as we follow Christ). Proverbs 16:22 says, *"Better a patient person than a warrior, one who rules his spirit than one who takes a city."*

Each of these days has a prompt to help you in your prayer, journaling and meditation. If you'd like more, turn a few pages to our daily reading plan.

**JAN 5** – Read the scripture above. What stands out to you? Write it down.

**JAN 6** – *Better a patient person than a warrior...* Reflect on last year. Where did you lean more toward "warrior" than into patience? How can you lean into patience this year?

**JAN 7** – *Better one who rules their spirit than takes a city...* What does it mean to rule your spirit?

**JAN 8** – What has God put in your heart for your future (dreams, vision, goals, etc)? What is the biggest thing holding you back?

**JAN 9** – What is a sustainable step you can take to move forward this week and take ground?

**JAN 10** – Proverbs 25:28 says *"Like a city whose walls are broken through is a person who lacks self-control."* Where do you most lack self-control? What do you need to do to take control spiritually today?

**JAN 11** – Write down what God is speaking to you. Write down 3 areas you know that He is calling you to mature in this year. Text someone about it.

## WEEK 2: AROUND YOU (HOME)

This week we're taking ground with the spiritual leadership in our homes. Whether you're married, single, dating, raising kids, grandparenting or somewhere in-between, you cannot afford to be passive in your spiritual leadership. We're reminded of this in Joshua 24:14–15 *"Choose this day whom you will serve... But as for me and my house, we will serve the Lord."*

**JAN 12** – Read the whole passage (or chapter) and pray through it. If something is highlighted to you, pray or journal through that.

**JAN 13** – Where have you been passive spiritually at home? Write down those areas and spend time praying about it.

**JAN 14** – Set the spiritual atmosphere of your home. Spend a few moments praying over the rooms of your house, over your kids & family.

**JAN 15** – Think about the values that matter in your home. If you haven't before, write them down prayerfully.

**JAN 16** – What vision do you have for your family / kids spiritually? Write them down. Spend a few minutes praying for their futures.

**JAN 17** – Think of the things in your home that contradict God's intent for you and for your family. What would God have you do to lean toward Him?

**JAN 18** – Who in your family or in your life is not serving God today? Take a moment & pray for them. If God leads you to, send a text note of prayer/encouragement.

## WEEK 3: THROUGH YOU (WORK)

This week we're focusing on taking ground in our work. Whether you're at a new job, just starting a career, owning a business or in school, we are all called to honor God with what we do. Isaiah 54:1-6 is a great paradigm for this week: *"Clear lots of ground & make your tents large. Spread out, think big! Use plenty of rope, drive the stakes deep. You're going to need lots of room for your growing family. You'll take ground and settle in. Don't be afraid or hold back, it'll be worth it. You'll forget all about your past, for your maker is the God-of-Angel-Armies (paraphrased)!"*

**JAN 19** — *"Sing, barren woman..."* Think of the empty parts of your life. Spend a few moments praising / thanking God for what he's going to do in your future, even before you see it (financial, skills, relational, etc).

**JAN 20** — *"Enlarge the place of your tent..."* Where's your thinking small? How might God stretch you to increase your capacity? Ask someone you respect in your work / life what opportunities for growth they see in you.

**JAN 21** — *"...stretch your tent curtains wide; do not hold back."* Where have you shrunk back or lost faith? Write down BIG goals for this year. Don't hold back, but believe God for great things.

**JAN 22** — *"Lengthen your cords, strengthen your stakes."* Expansion requires preparation. What step can you take today?

**JAN 23** — *"You will spread out to the right and to the left..."* Where might God want to increase your influence for *His* sake? Is your vision about you or about what He wants to do *through* you? Reframe your purpose today.

**JAN 24** — *"You will dispossess nations..."* We reclaim the ground that the enemy has taken from us. What setbacks in your work or endeavors did you have last year? Rather than blaming, think as one who understand God has asked great things of you, for His Kingdom's sake.

**JAN 25** — *"Fear not... you will not be put to shame."* Think about this coming year, 2026. What would it mean for you to step into it without fear?

# SOAP

SCRIPTURE + OBSERVATION + APPLICATION + PRAYER

## **S: SCRIPTURE**

*Find a verse or two that stick out & write them down*

## **O: OBSERVATION**

*What do you notice? What stands out to you? What do you think the author wants you to understand?*

## **A: APPLICATION**

*In reflection, write out how you can apply these verses to your life this week, whether in your attitude or actions or ambitions.*

## **P: PRAYER**

*Write a 1-2 sentence prayer Or, just pray & allow this truth to take root in your life*

## January

1 – Proverbs 1; 1 John 1  
2 – Proverbs 2; 1 John 2  
3 – Proverbs 3; 1 John 3  
4 – Proverbs 4; 1 John 4  
5 – Proverbs 5; 2 John & 3 John  
6 – Proverbs 6; Romans 1  
7 – Proverbs 7; Romans 2  
8 – Proverbs 8; Romans 3  
9 – Proverbs 9; Romans 4  
10 – Proverbs 10; Romans 5  
11 – Proverbs 11; Romans 6  
12 – Proverbs 12; Romans 7  
13 – Proverbs 13; Romans 8  
14 – Proverbs 14; Romans 9  
15 – Proverbs 15; Romans 10  
16 – Proverbs 16; Romans 11  
17 – Proverbs 17; Romans 12  
18 – Proverbs 18; Romans 13  
19 – Proverbs 19; Romans 14  
20 – Proverbs 20; Romans 15  
21 – Proverbs 21; Romans 16  
22 – Proverbs 22; Galatians 1  
23 – Proverbs 23; Galatians 2  
24 – Proverbs 24; Galatians 3  
25 – Proverbs 25; Galatians 4  
26 – Proverbs 26; Galatians 5 & 6  
27 – Proverbs 27; Ephesians 1  
28 – Proverbs 28; Ephesians 2  
29 – Proverbs 29; Ephesians 3  
30 – Proverbs 30; Ephesians 4  
31 – Proverbs 31; Ephesians 5 & 6

## February

1 – Genesis 1-3; Philippians 1  
2 – Genesis 4-5; Philippians 2  
3 – Genesis 6-8; Philippians 3  
4 – Genesis 9; Philippians 4  
5 – Genesis 11; Colossians 1  
6 – Genesis 12; Colossians 2  
7 – Genesis 13-14; Colossians 3  
8 – Genesis 15; Colossians 4  
9 – Genesis 16-17; 1 Corinthians 1  
10 – Genesis 18-19; 1 Corinthians 2  
11 – Genesis 21-22; 1 Corinthians 3  
12 – Genesis 24; 1 Corinthians 4  
13 – Genesis 25; 1 Corinthians 5  
14 – Genesis 26-28; 1 Corinthians 6  
15 – Genesis 37-38; 1 Corinthians 7  
16 – Genesis 39-40; 1 Corinthians 8  
17 – Genesis 41; 1 Corinthians 9

18 – Genesis 42-43; 1 Cor 10  
19 – Genesis 44-45; 1 Cor 10  
20 – Genesis 47-48; 1 Cor 11  
21 – Exodus 1-2; 1 Corinthians 12  
22 – Exodus 3-4; 1 Corinthians 13  
23 – Exodus 5-7; 1 Corinthians 14  
24 – Exodus 8-9; 1 Corinthians 15  
25 – Exodus 10-11; 1 Corinthians 16  
26 – Exodus 12-14; Philemon  
27 – Exodus 16-17; Psalm 23  
28 – Exodus 19-20; Psalm 91

## March

1 – Hebrews 1; 2 Corinthians 1  
2 – Hebrews 2; 2 Corinthians 2  
3 – Hebrews 3; 2 Corinthians 3  
4 – Hebrews 4; 2 Corinthians 4  
5 – Hebrews 5; 2 Corinthians 5  
6 – Hebrews 6; 2 Corinthians 6  
7 – Hebrews 7; 2 Corinthians 7  
8 – Hebrews 8; 2 Corinthians 8  
9 – Hebrews 9; 2 Corinthians 9  
10 – Hebrews 10; 2 Corinthians 10  
11 – Hebrews 11; 2 Corinthians 11  
12 – Hebrews 12; 2 Corinthians 12  
13 – Hebrews 13; 2 Corinthians 13  
14 – James 1; Proverbs 1-2  
15 – James 2; Proverbs 3-4  
16 – James 3; Proverbs 4-5  
17 – James 4; Proverbs 5-6  
18 – James 5; Proverbs 7-8  
19 – John 1-2; Proverbs 9-10  
20 – John 3-4; Proverbs 11-12  
21 – John 5-6; Proverbs 13-14  
22 – John 7-8; Proverbs 15-16  
23 – John 9-10; Proverbs 17-18  
24 – John 11-12; Proverbs 19-20  
25 – John 13-14; Proverbs 21-22  
26 – John 15-16; Proverbs 23-24  
27 – John 17-18; Proverbs 25-26  
28 – John 19-21; Proverbs 27-28  
29 – 1 Thess 1-4; Proverbs 29-31  
30 – 1 Thess 5; 2 Thess 1  
31 – 2 Thess 2-3

## April

1 – Nehemiah 1-2; 1 Timothy 1  
2 – Nehemiah 3-4; 1 Timothy 2  
3 – Nehemiah 5-6; 1 Timothy 3  
4 – 1 Timothy 4-6; Colossians 1  
5 – 2 Timothy 1-2; Colossians 2  
6 – 2 Timothy 3-4; Colossians 3-4  
7 – Daniel 1-3; Psalm 91  
8 – Daniel 4-6; Proverbs 10  
9 – Matthew 1-3; Galatians 1  
10 – Matthew 4-5; Galatians 2  
11 – Matthew 6-8; Galatians 3  
12 – Matthew 9-10; Galatians 4  
13 – Matthew 11-12; Galatians 5  
14 – Matthew 13-14; Galatians 6  
15 – Matthew 15-17; Philippians 1  
16 – Matthew 18-20; Philippians 2  
17 – Matthew 21-22; Philippians 3  
18 – Matthew 23-25; Philippians 4  
19 – Matthew 26-28; Psalm 23  
20 – Mark 1-2; Ephesians 1  
21 – Mark 3-4; Ephesians 2  
22 – Mark 5-6; Ephesians 3  
23 – Mark 7-8; Ephesians 4  
24 – Mark 9-10; Ephesians 5  
25 – Mark 11-12; Ephesians 6  
26 – Mark 13-14; James 1  
27 – Mark 15-16; James 2  
28 – Romans 1-5; James 3  
29 – Romans 6-10; James 4  
30 – Romans 11-16; James 5

## May

1 – Psalm 1; Luke 1  
2 – Psalm 8; Luke 2  
3 – Psalm 15; Luke 3  
4 – Psalm 16; Luke 4  
5 – Psalm 19; Luke 5  
6 – Psalm 23; Luke 6  
7 – Psalm 25; Luke 7  
8 – Psalm 27; Luke 8  
9 – Psalm 29; Luke 9  
10 – Psalm 32; Luke 10  
11 – Psalm 33; Luke 11  
12 – Psalm 34; Luke 12  
13 – Psalm 37; Luke 13  
14 – Psalm 67; Luke 14  
15 – Psalm 73; Luke 15  
16 – Psalm 84; Luke 16  
17 – Psalm 90; Luke 17  
18 – Psalm 91; Luke 18  
19 – Psalm 92; Luke 19  
20 – Psalm 95; Luke 20

21 – Psalm 96; Luke 21  
22 – Psalm 100; Luke 22  
23 – Psalm 103; Luke 23  
24 – Psalm 111; Luke 24  
25 – Psalm 127; Jeremiah 29  
26 – Psalm 130; 1 Corinthians 13  
27 – Psalm 131; Romans 5  
28 – Psalm 139; Romans 8  
29 – Psalm 145; Romans 12  
30 – Psalm 147; Hebrews 11  
31 – Psalm 148; 1 Timothy 4

## June

1 – Ruth 1-2; 1 Timothy 1  
2 – Ruth 3-4; 1 Timothy 2  
3 – Esther 1-2; 1 Timothy 3  
4 – Esther 3-4; 1 Timothy 4  
5 – Esther 5-6; 1 Timothy 5  
6 – Esther 7-8; 1 Timothy 6  
7 – Esther 9-10; 2 Timothy 1  
8 – Daniel 1-2; 2 Timothy 2  
9 – Daniel 3-4; 2 Timothy 3  
10 – Daniel 5-6; 2 Timothy 4  
11 – 1 Samuel 1-2; Romans 1  
12 – 1 Samuel 3-4; Romans 2  
13 – 1 Samuel 5-6; Romans 3  
14 – 1 Samuel 7-8; Romans 4  
15 – 1 Samuel 9-10; Romans 5  
16 – 1 Samuel 11-12; Romans 6  
17 – 1 Samuel 13-14; Romans 7  
18 – 1 Samuel 15-16; Romans 8  
19 – 1 Samuel 17-18; Romans 9  
20 – 1 Samuel 19-20; Romans 10  
21 – 1 Samuel 21-22; Romans 11  
22 – 1 Samuel 23-24; Romans 12  
23 – 1 Samuel 25-27; Romans 13  
24 – 1 Samuel 28-31; Romans 14  
25 – 2 Samuel 1-3; Romans 15  
26 – 2 Samuel 4-7; Romans 16  
27 – 2 Samuel 8-11; Prov 1  
28 – 2 Samuel 12-14; Prov 2  
29 – 2 Samuel 15-18; Prov 3  
30 – 2 Samuel 19-22; Prov 4  
31 – 2 Samuel 23-24; Prov 5



## July

1 - Isaiah 1; Titus 1-3  
2 - Isaiah 5; Psalm 115-116; Jude  
3 - Isaiah 7; Philemon 1  
4 - 2 Kings 15-16; Hos 1; Heb 1  
5 - Hos 2-5; Heb 2  
6 - Hosea 6-9; Hebrews 3  
7 - Hosea 10-12; Ps 73; Hebrews 4  
8 - Hosea 13-14; Ps 100; Hebrews 5  
9 - Micah 1-4; Heb 6  
10 - Micah 5-7; Hebrews 7  
11 - Isaiah 29; Hebrews 8  
12 - Isaiah 31; Hebrews 9  
13 - Proverbs 13; Hebrews 10  
14 - Proverbs 14; Hebrews 11  
15 - Proverbs 15; Hebrews 12  
16 - Proverbs 16; Hebrews 13  
17 - Proverbs 17; James 1  
18 - Proverbs 18; James 2  
19 - 2 Kings 17; Psalm 46; James 3  
20 - Prov 20; James 4  
21 - 2 Kings 18-19; James 5  
22 - Psalm 76; 1 Peter 1  
23 - 2 Kings 20; Psalm 75; 1 Peter 2  
24 - Isaiah 40; 1 Peter 3  
25 - Isaiah 43-44; 1 Peter 4  
26 - Isaiah 46; 1 Peter 5  
27 - Isaiah 49; Psalm 92; 2 Peter 1  
28 - Isaiah 52; 2 Peter 2  
29 - Isaiah 53-54; Ps 103; 2 Peter 3  
30 - Isaiah 55-57; John 1  
31 - Psalm 107; John 2

## August

1 - Galatians 1-2  
2 - Galatians 3-4  
3 - Galatians 5-6  
4 - Ephesians 1-2  
5 - Ephesians 3-4  
6 - Ephesians 5-6  
7 - Philippians 1-2  
8 - Philippians 3-4  
9 - Colossians 1-2  
10 - Colossians 3-4  
11 - James 1-5  
12 - 1 Corinthians 1-3  
13 - 1 Corinthians 4-6  
14 - 1 Corinthians 7-9  
15 - 1 Corinthians 10-12  
16 - 1 Corinthians 13-15  
16 - 1 Corinthians 16  
17 - 2 Corinthians 1-2

18 - 2 Corinthians 3-4  
19 - 2 Corinthians 5-6  
20 - 2 Corinthians 7-8  
21 - 2 Corinthians 9-10  
22 - 2 Corinthians 11-13  
23 - Acts 1-2  
24 - Acts 3-5  
25 - Acts 6-7  
26 - Acts 8-10  
27 - Acts 11-13  
28 - Acts 14-16  
29 - Acts 17-20  
30 - Acts 21-24  
31 - Acts 25-28

## September

1 - Psalm 70; Rom 1  
2 - Proverbs 2; Rom 2  
3 - Psalm 111; Rom 3  
4 - Proverbs 4; Rom 4  
5 - Proverbs 5; Rom 5  
6 - Proverbs 6; Rom 6  
7 - 2 Kings 25; Jer 40-41; Rom 7  
8 - Jer 42-44; Psalm 48; Rom 8  
9 - Obadiah 1; Rom 9  
10 - Proverbs 10; Rom 10  
11 - Dan 1-2; Rom 11  
12 - Dan 3-4; Psalm 81; Rom 12  
13 - Proverbs 13; Rom 13  
14 - Psalm 110; Rev 19; Rom 14  
15 - Psalm 145; Rev 20; Rom 15  
16 - Psalm 128; Rev 21; Rom 16  
17 - Rev 22; 1 Corinthians 13  
18 - Proverbs 18; Luke 1  
19 - Proverbs 19; Luke 2  
20 - Daniel 5-6; Psalm 130; Luke 3  
21 - Daniel 7-8; Psalm 137; Luke 4  
22 - Daniel 9-10; Psalm 123; Luke 5  
23 - Daniel 11-12; Luke 6  
24 - Psalm 84-85; Luke 7  
25 - Psalm 91; Luke 8  
26 - Psalm 113, 127; Luke 9  
27 - Haggai 1-2; Psalm 129; Luke 10  
28 - Proverbs 28; Luke 11  
29 - Proverbs 19; Luke 12  
30 - Proverbs 30; Luke 13

## October

1 - Psalm 126; Luke 14  
2 - Psalm 147; Luke 15  
3 - Psalm 138; Luke 16  
4 - Esther 1-2; Psalm 150; Luke 17  
5 - Esther 3-8; Luke 18  
6 - Esther 9-10; Luke 19  
7 - Proverbs 7; Luke 20  
8 - Psalm 131; Luke 21  
9 - Nehemiah 1-2; Psalms 133; Luke 22  
10 - Nehemiah 3-4; Luke 23  
11 - Nehemiah 5-6; Psalm 146; Luke 24  
12 - Nehemiah 7-8; Acts 1  
13 - Nehemiah 9-10; Acts 2  
14 - Nehemiah 11-12; Psalm; Acts 3  
15 - Nehemiah 13; Mal 1, 2; Acts 4  
16 - Mal 3-4; Psalm 148; Acts 5  
17 - Job 1-2; Acts 6-7  
18 - Job 3-4; Acts 8-9  
19 - Job 5; Psalm 108; Acts 10-11  
20 - Job 6-8; Acts 12  
21 - Job 9-10; Acts 13-14  
22 - Job 11-12; Acts 15-16  
23 - Job 13-14; Acts 17-18  
24 - Job 15; Acts 19-20  
25 - Job 16; Acts 21-23  
26 - Job 17; Acts 24-26  
27 - Job 18; Psalm 114; Acts 27-28  
28 - Job 19; Mark 1-2  
29 - Job 20; Mark 3-4  
30 - Job 21; Mark 5-6  
31 - Job 22; Mark 7-8

## November

1 - Psalm 121; Mark 9-10  
2 - Job 23-24; Mark 11-12  
3 - Job 25; Mark 13-14  
4 - Job 26-27; Mark 15-16  
5 - Job 28-29; Galatians 1-2  
6 - Job 30; Psalm 120; Galatians 3-4  
7 - Job 31-32; Galatians 5-6  
8 - Job 33; 1 Corinthians 1-3  
9 - Job 34; 1 Corinthians 4-6  
10 - Job 35, 36; 1 Corinthians 7-8  
11 - Psalm 122; 1 Corinthians 9-11  
12 - Job 37-38; 1 Corinthians 12  
13 - Job 39-40; 1 Corinthians 13-14  
14 - Psalm 149; 1 Corinthians 15-16  
15 - Job 41-42; 2 Corinthians 1-2  
16 - 2 Corinthians 3-6

17 - 2 Corinthians 7-10  
18 - Psalm 124; 2 Corinthians 11-13  
19 - Matthew 1-4; Hebrews 1-2  
20 - Matthew 5-7; Hebrews 3  
21 - Matthew 8-10; Hebrews 4-5  
22 - Matthew 11-13; Hebrews 6-7  
23 - Matthew 14-16; Hebrews 8-9  
24 - Matthew 17-19; Hebrews 10  
25 - Matthew 20-22; Hebrews 11  
26 - Matthew 23-25; Hebrews 12-13  
27 - Psalm 125; Matthew 26-27  
28 - Matthew 28; 1 Thess 1-3  
29 - 1 Thess 4-5; 2 Thess 1-3  
30 - Romans 1-4

## December

1 - Romans 5-8  
2 - Romans 9-12  
3 - Romans 13-16  
4 - Ephesians 1-4  
5 - Ephesians 5-6; Psalm 119  
6 - Philippians 1-4  
7 - Colossians 1-4  
8 - 1 Timothy 1-4  
9 - 1 Timothy 5-6; Titus 1-3  
10 - 2 Timothy 1-4  
11 - Philemon; Hebrews 1-4  
12 - Hebrews 5-8  
13 - Hebrews 9-11  
14 - Hebrews 12-13; Jude  
15 - James 1-5  
16 - 1 Peter 1-5; Psalm 90  
17 - 2 Peter 1-3; John 1  
18 - John 2-4; Psalm 23  
19 - John 5-6; Psalm 1  
20 - John 7-8; Psalm 46  
21 - John 9-11; Psalm 73  
22 - John 12-14; Psalm 139  
23 - John 15-18  
24 - John 19-21  
25 - 1 John 1-5  
26 - Psalm 117 & 119; 2 & 3 John  
27 - Revelation 1-4; Colossians 1  
28 - Galatians 1-2; Colossians 2  
29 - Galatians 3; Colossians 3  
30 - Galatians 4; Colossians 4  
31 - Galatians 5-6; Psalm 23

