

SOAP

SCRIPTURE + OBSERVATION + APPLICATION + PRAYER

S: SCRIPTURE

Find a verse or two that stick out & write them down

O: OBSERVATION

What do you notice? What stands out to you? What do you think the author wants you to understand?

A: APPLICATION

In reflection, write out how you can apply these verses to your life this week, whether in your attitude or actions or ambitions.

P: PRAYER

Write a 1-2 sentence prayer Or, just pray & allow this truth to take root in your life

January

- 1 – Proverbs 1; 1 John 1
- 2 – Proverbs 2; 1 John 2
- 3 – Proverbs 3; 1 John 3
- 4 – Proverbs 4; 1 John 4
- 5 – Proverbs 5; 2 John & 3 John
- 6 – Proverbs 6; Romans 1
- 7 – Proverbs 7; Romans 2
- 8 – Proverbs 8; Romans 3
- 9 – Proverbs 9; Romans 4
- 10 – Proverbs 10; Romans 5
- 11 – Proverbs 11; Romans 6
- 12 – Proverbs 12; Romans 7
- 13 – Proverbs 13; Romans 8
- 14 – Proverbs 14; Romans 9
- 15 – Proverbs 15; Romans 10
- 16 – Proverbs 16; Romans 11
- 17 – Proverbs 17; Romans 12
- 18 – Proverbs 18; Romans 13
- 19 – Proverbs 19; Romans 14
- 20 – Proverbs 20; Romans 15
- 21 – Proverbs 21; Romans 16
- 22 – Proverbs 22; Galatians 1
- 23 – Proverbs 23; Galatians 2
- 24 – Proverbs 24; Galatians 3
- 25 – Proverbs 25; Galatians 4
- 26 – Proverbs 26; Galatians 5 & 6
- 27 – Proverbs 27; Ephesians 1
- 28 – Proverbs 28; Ephesians 2
- 29 – Proverbs 29; Ephesians 3
- 30 – Proverbs 30; Ephesians 4
- 31 – Proverbs 31; Ephesians 5 & 6

February

- 1 – Genesis 1-3; Philippians 1
- 2 – Genesis 4-5; Philippians 2
- 3 – Genesis 6-8; Philippians 3
- 4 – Genesis 9; Philippians 4
- 5 – Genesis 11; Colossians 1
- 6 – Genesis 12; Colossians 2
- 7 – Genesis 13-14; Colossians 3
- 8 – Genesis 15; Colossians 4
- 9 – Genesis 16-17; 1 Corinthians 1
- 10 – Genesis 18-19; 1 Corinthians 2
- 11 – Genesis 21-22; 1 Corinthians 3
- 12 – Genesis 24; 1 Corinthians 4
- 13 – Genesis 25; 1 Corinthians 5
- 14 – Genesis 26-28; 1 Corinthians 6
- 15 – Genesis 37-38; 1 Corinthians 7
- 16 – Genesis 39-40; 1 Corinthians 8
- 17 – Genesis 41; 1 Corinthians 9
- 18 – Genesis 42-43; 1 Cor 10
- 19 – Genesis 44-45; 1 Cor 10
- 20 – Genesis 47-48; 1 Cor 11
- 21 – Exodus 1-2; 1 Corinthians 12
- 22 – Exodus 3-4; 1 Corinthians 13
- 23 – Exodus 5-7; 1 Corinthians 14
- 24 – Exodus 8-9; 1 Corinthians 15
- 25 – Exodus 10-11; 1 Corinthians 16

26 – Exodus 12-14; Philemon

27 – Exodus 16-17; Psalm 23

28 – Exodus 19-20; Psalm 91

March

- 1 – Hebrews 1; 2 Corinthians 1
- 2 – Hebrews 2; 2 Corinthians 2
- 3 – Hebrews 3; 2 Corinthians 3
- 4 – Hebrews 4; 2 Corinthians 4
- 5 – Hebrews 5; 2 Corinthians 5
- 6 – Hebrews 6; 2 Corinthians 6
- 7 – Hebrews 7; 2 Corinthians 7
- 8 – Hebrews 8; 2 Corinthians 8
- 9 – Hebrews 9; 2 Corinthians 9
- 10 – Hebrews 10; 2 Corinthians 10
- 11 – Hebrews 11; 2 Corinthians 11
- 12 – Hebrews 12; 2 Corinthians 12
- 13 – Hebrews 13; 2 Corinthians 13
- 14 – James 1; Proverbs 1-2
- 15 – James 2; Proverbs 3-4
- 16 – James 3; Proverbs 4-5
- 17 – James 4; Proverbs 5-6
- 18 – James 5; Proverbs 7-8
- 19 – John 1-2; Proverbs 9-10
- 20 – John 3-4; Proverbs 11-12
- 21 – John 5-6; Proverbs 13-14
- 22 – John 7-8; Proverbs 15-16
- 23 – John 9-10; Proverbs 17-18
- 24 – John 11-12; Proverbs 19-20
- 25 – John 13-14; Proverbs 21-22
- 26 – John 15-16; Proverbs 23-24
- 27 – John 17-18; Proverbs 25-26
- 28 – John 19-21; Proverbs 27-28
- 29 – 1 Thess 1-4; Proverbs 29-31
- 30 – 1 Thess 5; 2 Thess 1
- 31 – 2 Thess 2-3

April

1 – Nehemiah 1-2; 1 Timothy 1
2 – Nehemiah 3-4; 1 Timothy 2
3 – Nehemiah 5-6; 1 Timothy 3
4 – 1 Timothy 4-6; Colossians 1
5 – 2 Timothy 1-2; Colossians 2
6 – 2 Timothy 3-4; Colossians 3-4
7 – Daniel 1-3; Psalm 91
8 – Daniel 4-6; Proverbs 10
9 – Matthew 1-3; Galatians 1
10 – Matthew 4-5; Galatians 2
11 – Matthew 6-8; Galatians 3
12 – Matthew 9-10; Galatians 4
13 – Matthew 11-12; Galatians 5
14 – Matthew 13-14; Galatians 6
15 – Matthew 15-17; Philippians 1
16 – Matthew 18-20; Philippians 2
17 – Matthew 21-22; Philippians 3
18 – Matthew 23-25; Philippians 4
19 – Matthew 26-28; Psalm 23
20 – Mark 1-2; Ephesians 1
21 – Mark 3-4; Ephesians 2
22 – Mark 5-6; Ephesians 3
23 – Mark 7-8; Ephesians 4
24 – Mark 9-10; Ephesians 5
25 – Mark 11-12; Ephesians 6
26 – Mark 13-14; James 1
27 – Mark 15-16; James 2
28 – Romans 1-5; James 3
29 – Romans 6-10; James 4
30 – Romans 11-16; James 5

May

1 – Psalm 1; Luke 1
2 – Psalm 8; Luke 2
3 – Psalm 15; Luke 3
4 – Psalm 16; Luke 4
5 – Psalm 19; Luke 5
6 – Psalm 23; Luke 6
7 – Psalm 25; Luke 7
8 – Psalm 27; Luke 8
9 – Psalm 29; Luke 9
10 – Psalm 32; Luke 10
11 – Psalm 33; Luke 11
12 – Psalm 34; Luke 12
13 – Psalm 37; Luke 13
14 – Psalm 67; Luke 14
15 – Psalm 73; Luke 15
16 – Psalm 84; Luke 16
17 – Psalm 90; Luke 17
18 – Psalm 91; Luke 18
19 – Psalm 92; Luke 19
20 – Psalm 95; Luke 20
21 – Psalm 96; Luke 21
22 – Psalm 100; Luke 22
23 – Psalm 103; Luke 23
24 – Psalm 111; Luke 24
25 – Psalm 127; Jeremiah 29
26 – Psalm 130; 1 Corinthians 13

27 – Psalm 131; Romans 5
28 – Psalm 139; Romans 8
29 – Psalm 145; Romans 12
30 – Psalm 147; Hebrews 11
31 – Psalm 148; 1 Timothy 4

June

1 – Ruth 1-2; 1 Timothy 1
2 – Ruth 3-4; 1 Timothy 2
3 – Esther 1-2; 1 Timothy 3
4 – Esther 3-4; 1 Timothy 4
5 – Esther 5-6; 1 Timothy 5
6 – Esther 7-8; 1 Timothy 6
7 – Esther 9-10; 2 Timothy 1
8 – Daniel 1-2; 2 Timothy 2
9 – Daniel 3-4; 2 Timothy 3
10 – Daniel 5-6; 2 Timothy 4
11 – 1 Samuel 1-2; Romans 1
12 – 1 Samuel 3-4; Romans 2
13 – 1 Samuel 5-6; Romans 3
14 – 1 Samuel 7-8; Romans 4
15 – 1 Samuel 9-10; Romans 5
16 – 1 Samuel 11-12; Romans 6
17 – 1 Samuel 13-14; Romans 7
18 – 1 Samuel 15-16; Romans 8
19 – 1 Samuel 17-18; Romans 9
20 – 1 Samuel 19-20; Romans 10
21 – 1 Samuel 21-22; Romans 11
22 – 1 Samuel 23-24; Romans 12
23 – 1 Samuel 25-27; Romans 13
24 – 1 Samuel 28-31; Romans 14
25 – 2 Samuel 1-3; Romans 15
26 – 2 Samuel 4-7; Romans 16
27 – 2 Samuel 8-11; Prov 1
28 – 2 Samuel 12-14; Prov 2
29 – 2 Samuel 15-18; Prov 3
30 – 2 Samuel 19-22; Prov 4
31 – 2 Samuel 23-24; Prov 5

July

- 1 - Isaiah 1; Titus 1-3
- 2 - Isaiah 5; Psalm 115-116; Jude
- 3 - Isaiah 7; Philemon 1
- 4 - 2 Kings 15-16; Hos 1; Heb 1
- 5 - Hos 2-5; Heb 2
- 6 - Hosea 6-9; Hebrews 3
- 7 - Hosea 10-12; Ps 73; Hebrews 4
- 8 - Hosea 13-14; Ps 100; Hebrews 5
- 9 - Micah 1-4; Heb 6
- 10 - Micah 5-7; Hebrews 7
- 11 - Isaiah 29; Hebrews 8
- 12 - Isaiah 31; Hebrews 9
- 13 - Proverbs 13; Hebrews 10
- 14 - Proverbs 14; Hebrews 11
- 15 - Proverbs 15; Hebrews 12
- 16 - Proverbs 16; Hebrews 13
- 17 - Proverbs 17; James 1
- 18 - Proverbs 18; James 2
- 19 - 2 Kings 17; Psalm 46; James 3
- 20 - Prov 20; James 4
- 21 - 2 Kings 18-19; James 5
- 22 - Psalm 76; 1 Peter 1
- 23 - 2 Kings 20; Psalm 75; 1 Peter 2
- 24 - Isaiah 40; 1 Peter 3
- 25 - Isaiah 43-44; 1 Peter 4
- 26 - Isaiah 46; 1 Peter 5
- 27 - Isaiah 49; Psalm 92; 2 Peter 1
- 28 - Isaiah 52; 2 Peter 2
- 29 - Isaiah 53-54; Ps 103; 2 Peter 3
- 30 - Isaiah 55-57; John 1
- 31 - Psalm 107; John 2

August

- 1 - Galatians 1-2
- 2 - Galatians 3-4
- 3 - Galatians 5-6
- 4 - Ephesians 1-2
- 5 - Ephesians 3-4
- 6 - Ephesians 5-6
- 7 - Philippians 1-2
- 8 - Philippians 3-4
- 9 - Colossians 1-2
- 10 - Colossians 3-4
- 11 - James 1-5
- 12 - 1 Corinthians 1-3
- 13 - 1 Corinthians 4-6
- 14 - 1 Corinthians 7-9
- 15 - 1 Corinthians 10-12
- 16 - 1 Corinthians 13-15
- 16 - 1 Corinthians 16
- 17 - 2 Corinthians 1-2
- 18 - 2 Corinthians 3-4
- 19 - 2 Corinthians 5-6
- 20 - 2 Corinthians 7-8
- 21 - 2 Corinthians 9-10
- 22 - 2 Corinthians 11-13
- 23 - Acts 1-2
- 24 - Acts 3-5

- 25 - Acts 6-7
- 26 - Acts 8-10
- 27 - Acts 11-13
- 28 - Acts 14-16
- 29 - Acts 17-20
- 30 - Acts 21-24
- 31 - Acts 25-28

September

- 1 - Psalm 70; Rom 1
- 2 - Proverbs 2; Rom 2
- 3 - Psalm 111; Rom 3
- 4 - Proverbs 4; Rom 4
- 5 - Proverbs 5; Rom 5
- 6 - Proverbs 6; Rom 6
- 7 - 2 Kings 25; Jer 40-41; Rom 7
- 8 - Jer 42-44; Psalm 48; Rom 8
- 9 - Obadiah 1; Rom 9
- 10 - Proverbs 10; Rom 10
- 11 - Dan 1-2; Rom 11
- 12 - Dan 3-4; Psalm 81; Rom 12
- 13 - Proverbs 13; Rom 13
- 14 - Psalm 110; Rev 19; Rom 14
- 15 - Psalm 145; Rev 20; Rom 15
- 16 - Psalm 128; Rev 21; Rom 16
- 17 - Rev 22; 1 Corinthians 13
- 18 - Proverbs 18; Luke 1
- 19 - Proverbs 19; Luke 2
- 20 - Daniel 5-6; Psalm 130; Luke 3
- 21 - Daniel 7-8; Psalm 137; Luke 4
- 22 - Daniel 9-10; Psalm 123; Luke 5
- 23 - Daniel 11-12; Luke 6
- 24 - Psalm 84-85; Luke 7
- 25 - Psalm 91; Luke 8
- 26 - Psalm 113, 127; Luke 9
- 27 - Haggai 1-2; Psalm 129; Luke 10
- 28 - Proverbs 28; Luke 11
- 29 - Proverbs 19; Luke 12
- 30 - Proverbs 30; Luke 13

October

- 1 - Psalm 126; Luke 14
- 2 - Psalm 147; Luke 15
- 3 - Psalm 138; Luke 16
- 4 - Esther 1-2; Psalm 150; Luke 17
- 5 - Esther 3-8; Luke 18
- 6 - Esther 9-10; Luke 19
- 7 - Proverbs 7; Luke 20
- 8 - Psalm 131; Luke 21
- 9 - Nehemiah 1-2; Psalms 133; Luke 22
- 10 - Nehemiah 3-4; Luke 23
- 11 - Nehemiah 5-6; Psalm 146; Luke 24
- 12 - Nehemiah 7-8; Acts 1
- 13 - Nehemiah 9-10; Acts 2
- 14 - Nehemiah 11-12; Psalm; Acts 3
- 15 - Nehemiah 13; Mal 1, 2; Acts 4
- 16 - Mal 3-4; Psalm 148; Acts 5
- 17 - Job 1-2; Acts 6-7
- 18 - Job 3-4; Acts 8-9
- 19 - Job 5; Psalm 108; Acts 10-11
- 20 - Job 6-8; Acts 12
- 21 - Job 9-10; Acts 13-14
- 22 - Job 11-12; Acts 15-16
- 23 - Job 13-14; Acts 17-18
- 24 - Job 15; Acts 19-20
- 25 - Job 16; Acts 21-23
- 26 - Job 17; Acts 24-26
- 27 - Job 18; Psalm 114; Acts 27-28
- 28 - Job 19; Mark 1-2
- 29 - Job 20; Mark 3-4
- 30 - Job 21; Mark 5-6
- 31 - Job 22; Mark 7-8

November

- 1 - Psalm 121; Mark 9-10
- 2 - Job 23-24; Mark 11-12
- 3 - Job 25; Mark 13-14
- 4 - Job 26-27; Mark 15-16
- 5 - Job 28-29; Galatians 1-2
- 6 - Job 30; Psalm 120; Galatians 3-4
- 7 - Job 31-32; Galatians 5-6
- 8 - Job 33; 1 Corinthians 1-3
- 9 - Job 34; 1 Corinthians 4-6
- 10 - Job 35, 36; 1 Corinthians 7-8
- 11 - Psalm 122; 1 Corinthians 9-11
- 12 - Job 37-38; 1 Corinthians 12
- 13 - Job 39-40; 1 Corinthians 13-14
- 14 - Psalm 149; 1 Corinthians 15-16
- 15 - Job 41-42; 2 Corinthians 1-2
- 16 - 2 Corinthians 3-6
- 17 - 2 Corinthians 7-10
- 18 - Psalm 124; 2 Corinthians 11-13
- 19 - Matthew 1-4; Hebrews 1-2

- 20 - Matthew 5-7; Hebrews 3
- 21 - Matthew 8-10; Hebrews 4-5
- 22 - Matthew 11-13; Hebrews 6-7
- 23 - Matthew 14-16; Hebrews 8-9
- 24 - Matthew 17-19; Hebrews 10
- 25 - Matthew 20-22; Hebrews 11
- 26 - Matthew 23-25; Hebrews 12-13
- 27 - Psalm 125; Matthew 26-27
- 28 - Matthew 28; 1 Thess 1-3
- 29 - 1 Thess 4-5; 2 Thess 1-3
- 30 - Romans 1-4

December

- 1 - Romans 5-8
- 2 - Romans 9-12
- 3 - Romans 13-16
- 4 - Ephesians 1-4
- 5 - Ephesians 5-6; Psalm 119
- 6 - Philippians 1-4
- 7 - Colossians 1-4
- 8 - 1 Timothy 1-4
- 9 - 1 Timothy 5-6; Titus 1-3
- 10 - 2 Timothy 1-4
- 11 - Philemon; Hebrews 1-4
- 12 - Hebrews 5-8
- 13 - Hebrews 9-11
- 14 - Hebrews 12-13; Jude
- 15 - James 1-5
- 16 - 1 Peter 1-5; Psalm 90
- 17 - 2 Peter 1-3; John 1
- 18 - John 2-4; Psalm 23
- 19 - John 5-6; Psalm 1
- 20 - John 7-8; Psalm 46
- 21 - John 9-11; Psalm 73
- 22 - John 12-14; Psalm 139
- 23 - John 15-18
- 24 - John 19-21
- 25 - 1 John 1-5
- 26 - Psalm 117 & 119; 2 & 3 John
- 27 - Revelation 1-4; Colossians 1
- 28 - Galatians 1-2; Colossians 2
- 29 - Galatians 3; Colossians 3
- 30 - Galatians 4; Colossians 4
- 31 - Galatians 5-6; Psalm 23