

## Francesca D. Nuzzolese

Francesca Nuzzolese is a pastoral theologian, psychotherapist and trauma care consultant. Her life-work and experience span over a variety of cultural, geographical and denominational contexts, with critical competencies in cross-cultural teaching, training, and psychotherapeutic practice. Her chief vocational commitment is to create educational and therapeutic spaces, where individuals and communities can experience growth and fulfillment, healing and wholeness. She has two decades of experience teaching in higher education, training and consulting with NGOs on trauma care, and counseling individuals and communities in vulnerable predicaments.

Francesca holds a Doctor of Theology in Pastoral Theology and Counseling, and international training in psychotherapy, psychodrama and chaplaincy. She currently offers spiritual and clinical care to individuals, communities, and organizations who are impacted by the trauma of trafficking, dislocation, and exploitation in its many forms. She is the founder and director of a not-for-profit organization (*Bethelifeline*), which offers spiritual retreats and professional care to activists, frontliners, professional caregivers and volunteers, who are often at risk of burnout, compassion fatigue and secondary trauma.

Francesca is an experienced presenter, with speaking engagements ranging from International Academic Guilds, such as the American Academy of Religion in the USA, to workshop facilitation and plenary addresses at Conferences such as The International Alliance on Prostitution in the USA, Europe, and Russia; the Baptist World Alliance, in South Africa and Thailand; and The Global Baptist Peace Conference, in Colombia. Further, Francesca has extensive experience as a theological educator in higher education, where she has held tenured teaching positions, contributed to the construction of Clinical and Chaplaincy Programs, and served as Director of a Master's Program in Counseling Ministries. Her psychospiritual model of care has impacted thousands of students and helping professionals around the world, in academic contexts as well as on the mission field, and in a variety of socio-cultural and religious contexts, such as Albania, in the post-communist era; Nepal in the post-earthquake years; and Sierra Leone, during the Ebola epidemic.

Francesca offers a number of tools for working with individuals, communities and organizations. She works with Myers-Briggs (MBTI), the Enneagram, and uses psychodrama techniques for therapeutic intervention and education. Her book publications include *Just Care: pastoral counseling with socioeconomically vulnerable women* (Lambert Academic Publishing, 2012); articles and chapter contributions appear in *Prism Magazine*, *The Journal of Pastoral Psychology*, *The Journal of Pastoral Theology*, *The Baptist Witness of Australia*, and in the books *Women out of Order* (Fortress Press, 2009) and *Women with 20/20 Vision* (Fortress Press, 2020). In her forthcoming book, *The World as a Trauma Zone*, Francesca reflects on some of her pastoral experiences with dehumanized and traumatized communities, offering a much-needed theological response.

She is a member of the American Academy of Religion, the Society of Pastoral Theology, Spiritual Director Internationals, The American Association of Pastoral Counseling, The Guild for Spiritual Guidance, and Friends of Julian.