

Series: Scars
Sermon: Hidden Scars
January 21, 2018

1. Which do you think hurts worse: a wound from your own sin or a wound from someone else hurting you?
2. Read Romans 3:23. How do you feel after reading this verse?
3. "Jesus did not come to make us feel guilty; he came to give us a path to freedom." Up to this point in life, which phrase (guilt or freedom) has described your view of God?
4. What are the outcomes/consequences if you see God as someone wanting you to feel guilty?
5. What would you categorize as an unhealed wound? Do you have any unhealed wounds?
6. The path to freedom was mentioned as 3 steps of repentance: step 1, a change of mind; step 2, repentance; step 3, restitution.
 - A. Have you ever gone through any of these steps? If so, share what step(s) you went through and the difference it made?
 - B. If you have an open wound, how could repentance bring healing and turn your wound into a scar?
7. Read Proverbs 28:13, 1 John 1:9 and 2 Corinthians 7:10. What do you learn about forgiveness from these verses?
8. "You can't go back and change the beginning, but you can start where you are and change the ending." Do you agree with this statement?
9. Have you ever felt like someone "owed" you because of the hurt they have caused you? How were you affected: physically, emotionally, relationally and/or spiritually?
10. Read Ephesians 4:26-32. What do you learn about forgiveness?
11. Forgiveness was described as: a decision/choice, Obedience (to God), no longer playing God and choosing to act differently. Which one of these 4 definitions is most difficult for you?