Mark Holmes
Regent Part 2
Week 12

November 8, 2026

Hair Today, Gone Tomorrow

2 Samuel 17:24 - 19:8

1. David is refreshed by **unexpected provisions** (17:24–29)

2. David's men **rally to battle** (18:1–8)

3. Absalom is undone by his own **pride** (18:9–18)

4. David grieves as a **father** (18:19–33)

5. **Joab confronts** David (19:1–8)

Small Group Questions:

1. David received refreshment when it was badly needed. Can you think of a situation where someone refreshed or encouraged you when you desperately needed it? Is there anyone in your life that you need to be doing this for right now?
2. David gets caught between his two roles, King and father. Have you ever had to make a tough decision and choose between two conflicting interests? How did you decide which decision to make? If given the opportunity to redo it, would you make a different choice now?
3. What areas of pride in your life (like Absalom's vanity and recklessness) can sometimes cause trouble?
4. If you feel comfortable sharing, have you lost someone close to you whom you loved? What did that grief process look like for you? What made it better? What made it worse?
5. Why are we often so resistant to being confronted by those closest to us? Who in your life has shown the ability to confront you in areas where you need it? How do you respond in those moments?