

The Kernstown Courier



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April 2019

There was a called UMC General Conference in St. Louis, Missouri, February 24-26, 2019, to discuss the topic of Human Sexuality. Yes, I'm sure you know, but I wanted to provide a brief summary of what happened. Joe Lovino wrote an article featured on, www.umc.org, and I wanted to share with you parts of his article that summarize the 2019 Called UMC General Conference. Lovino writes, "*The global United Methodist Church met in St. Louis, Missouri, February 23-26, 2019. During the four days together, United Methodists from around the world gathered for worship, prayer, conversation and several decisions. United Methodists from around the world worshipped together at General Conference 2019. Photo by Kathleen Barry, United Methodist Communications.*"

The Traditional Plan was passed by the 2019 Special Session of General Conference. This means our current statements about homosexuality, same-sex marriage and the ordination of LGBTQ persons have not fundamentally changed. The 2016 Book of Discipline statements are available here: [Homosexuality: Full Book of Discipline statements.](#)

The changes proposed by the Traditional Plan are mostly about ordination of LGBTQ clergy and how to resolve issues when a clergy violates our human sexuality stances by, for example, performing a same-sex marriage.

The Traditional Plan received 438 yes votes (53 percent) and 384 no votes (47 percent). Those results indicate the diversity of thought United Methodists have on these issues. This also means it is likely there are people in your church who agree with the outcome and others who do not.

A disaffiliation plan, sometimes called an "exit plan," was also passed. This provides guidelines for congregations who wish to leave The United Methodist Church "for reasons of conscience" regarding issues of human sexuality.

Let's clarify a couple of things. LGBTQIA people have not been banned by The United Methodist Church. Paragraph 4 of the Book of Discipline has not been changed. It still reads, "The United Methodist Church acknowledges that all persons are of sacred worth. All persons without regard to race, color, national origin, status, or economic condition, shall be eligible to attend its worship services, participate in its programs, receive the sacraments, upon baptism be admitted as baptized members, and upon taking vows declaring the Christian faith, become professing members in any local church in the connection."

We acknowledge, however, that many LGBTQIA people, their loved ones and allies were hurt by the speeches, rhetoric and decisions of the General Conference. We pray for healing and forgiveness.

The United Methodist Church has not split. Clearly, we are not of one mind on these issues. The disagreements are deep on a number of subjects. Through it all, however, we remain one church that continues to make disciples of Jesus Christ for the transformation of the world."ⁱ

What does this mean for us at Kernstown UMC? It means that we are going to continue to welcome everyone to Kernstown UMC, because we are all about making disciples of Jesus Christ for the transformation of the world. We make disciples as we KNOW God, GROW in God, and SOW God into the world. As we make disciples for Jesus Christ for the transformation of the world we will fulfill the greatest commandment, which is to love God, and the second greatest commandment to love our neighbor.

Joy & Peace, Pastor Aaron

I <http://www.umc.org/who-we-are/what-happened-and-what-didnt-at-general-conference-2019>



**LENT &
HOLY WEEK
WORSHIP
SCHEDULE**

PALM SUNDAY

APRIL 14, 2019

WORSHIP SERVICE AT 10:20 A.M.

HOLY/MAUNDY THURSDAY

APRIL 18, 2019

WORSHIP SERVICE WITH COMMUNION
AT 7:00 P.M.

GOOD FRIDAY

APRIL 19, 2019

WORSHIP SERVICE AT 7:00 P.M.

SPRING FESTIVAL

SUNDAY, APRIL 21, 2019

9:00 A.M.

EASTER SUNDAY

APRIL 21, 2019

EASTER SUNRISE WORSHIP—
6:00 A.M.

OPEQUON PRESBYTERIAN

PITCOCK MEMORIAL SHELTER

Bring flowers for the cross & dress for the weather.

WORSHIP SERVICE AT 10:20 A.M.

KERNSTOWN UMC

Children's Musical – "My Savior Lives"

Adult Cantata – "I Will Rise"

Sermon – "He's Alive"

Bring flowers for the cross.

ANNIVERSARIES/BIRTHDAYS

Happy Anniversary

APRIL

Steve & Betsy Burns	4/2
Russ & Helen Fitch	4/4
Rob & Lisa Creamer	4/7
Stacey & Terry Umbenour	4/16
Steve & Jean Ann Ayers	4/20
Ray & Sonya Hess	4/21
Norman & Nancy Tisinger	4/23
Russell & Robin Creswell	4/28

Happy Birthday

APRIL

Gussie Lee	4/1
Logan Estep	4/1
Mimi Henshaw	4/2
Kenneth Whetzel	4/4
Jennifer Ambrose	4/4
Isabella McWhorter	4/4
Christine Michael	4/5
Cooper Fitch	4/6
Kimberly Ricketts	4/6
Ron Dye	4/8
Nelda Harless	4/9
Betty Wilkins	4/10
Shirley Campbell	4/11
Ashley Renner	4/11
Betsy Burns	4/12
Erica Tarbell	4/12
Susan Wills	4/14
Morgan Thomas	4/15
Caroline Fields	4/16
Robin Creswell	4/17
Ashley Martin	4/17
Norman Tisinger, Jr.	4/20
Zach Anton	4/23
Vauda Gaye Adams	4/23
Jim Park	4/23
Chrissy Rust	4/23
Pam Franklin	4/24
Gary Lantz	4/25
Tim Youmans	4/27
Victoria Turley	4/28

Do we have your anniversary and birthday?

Call the church office

667-7298 so you're not left out!

OFFICE CLOSURES & VACATIONS

CHURCH OFFICE CLOSURE:

½ Day, Friday, April 19, 2019

All Day, Monday, April 22nd

THANK YOU NOTES

On behalf of the Hopper's Auto Club, I'd like to thank you for being such gracious hosts for our 60th annual banquet on Saturday, February 9th. I know a lot of work went into the delicious meal and made our event such a success. Thank you again for your hard work.

John Calder

To members of Kernstown Methodist Church -

I've been a member of KUMC since the early 1970's and pray that during those years I made some contributions that were worthwhile. I love our church and the entire membership and hope some of you will remember me.

Unfortunately, the past two to three years I've had a sundry of health problems and some continue to linger, but I hope within the next couple of months some issues will be improved to the point that I can, again, become an active member. I will begin another series of Therapy Sessions that we hope will be the last phase of getting me back to normal (whatever that is) and I will be able to attend church on a regular schedule.

I can't begin to tell you how much I appreciate the many cards and telephone calls I have received, and it has made me so aware of remembering others in the future. I thank you from the bottom of my heart and look forward to being a part of KUMC in the near future.

Thanks for all you do all the time. I look forward to being a part of you again soon.

**Blessings
Phyl Baker**

Dear Friends of C-CAP,

I extend warmest greetings to you on behalf of the all-volunteer staff at Congregational Community Action Project (C-CAP). Please accept our sincere thanks for your generous gift of \$554 to our organization.

**Respectively,
Linda Bishop**

We appreciate each phone call, card, and prayer. Bob was in WMC for 7 weeks and is now in Fox Trail Assisted Living in Front Royal. We greatly appreciate everyone at KUMC.

Jane Thomas

I would like to thank my church family for all your prayers, cards, phone calls, coming to Bob's viewing and funeral.

I especially want to thank Ray and Marilyn for coming to the funeral home, you are in my thoughts and prayers daily.

I also know it was hard for Bob, Lorraine, Norma, and Audrey to come to the funeral home, thank you so much. I also wish to thank Loretta and Gary Lantz for coming to Bob's viewing, especially since Gary just had knee surgery.

**Sincerely,
Paulette Zottig**

THANK YOU to my SECRET SISTER for her gracious and thoughtful gifts. I am enjoying each and every one to the fullest. Thank you for your thoughtfulness and for the lovely and thoughtful gifts.

**Most grateful,
Ann Rodgers**

Dear Aaron,

Thank you so much for conducting my mom's service and being an integral part of making the service flow in a Godly fashion. Mom was not about fuss or attention, but I know she would have been very pleased!

Please extend our sincere appreciation to the ladies of the church for the wonderful meal! It was awesome!

**Take care of you and yours!
The family of Ann Hoak
Bruce and Kym Carpenter**

I want to thank Pastor Aaron for his prayers and visits. I also want to thank my KUMC family for the cards, calls, and prayers. They were very much appreciated. I want to thank KUMC for being so caring and loving. Thanks again.

**God Bless,
Nellie Snoots**

MINISTRY TEAM NEWS

SMALL GROUP -To encourage the congregation and the community to become a part of small group ministry, Pastor Aaron has requested that next fall KUMC have this year's participants share in a Sunday morning worship service. This would be a witness to what God has done in their lives as a result of involvement in the various small groups that have been offered. If you were a member of a small group from Fall, 2018, through the Spring, 2019, this challenge is for you!

Is God calling you to this task? If you feel you would like to be a spokesperson, please contact a member of the small group committee (Mary Kathryn Clark, Nora Seabright, or Susan Hill) or Pastor Aaron by 6/15/19. The witness time should be 3-5 minutes in length.

This sharing will be a part of the kick-off worship service for small groups on September 15th. In addition, if you are uncomfortable speaking at the service, someone will read your comments for you. We are blessed as we see the congregational response to the opportunities of this past year. We welcome and encourage your comments always. Blessings,
Kernstown Small Group Committee

"The purpose of the Kernstown Small Group Ministry is: To provide an environment in which the Holy Spirit can work in the lives of each member."

2014-2018	RETREATS	
	# of retreats	attendance
Women:	6	142
Men:	4	58
Men/Women:	3	75
Totals:	13	275

	SMALL GROUPS	
Core Groups:	19 offered	178
Small groups:	17 offered	301
Totals:	36	479

MEN'S FELLOWSHIP BREAKFAST—The Men's Fellowship Breakfast is on Saturday, April 13th, at 8 a.m. at Perkins in Winchester. All men of KUMC are invited for a time of fellowship over breakfast. One-hour duration, giving plenty of time for Saturday chores. No reservations needed. If you have questions, please contact Steve Spurr, 540-665-3876, or srspurr@verizon.net.

UMM provided lunch at C-CAP February 24, feeding just over 70 people. This is in response to a need made known during a volunteer effort at WATT's by the men this past winter. Opportunities to share the love and light of Christ will come again at C-CAP in the Fall. Stay tuned as to how you can help! Info: Steve Spurr at srspurr@verizon.net.

The UMM hosted four young men from Heart Havens House at Perkins on March 9 for breakfast. Steve Cunningham, Winchester District UMM President, shared as to how we as a church can continue to volunteer to help those in need throughout the community.

Matthew 28:16-20

The Commissioning of the Disciples

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

KUMC MUSIC MINISTRY - Is alive and well, especially this Easter season because we have not just one, but two musicals planned for Easter Sunday. We will punctuate the sermon and really sing out the great news that He is Risen! The first musical is called "My Savior Lives" and will be presented by the KUMC Kidz. After the sermon the KUMC

Chancel Choir will present “I Will Rise” filled with songs celebrating the resurrection. I’m so excited about the Easter music. Come out on Easter Sunday with your family and friends and help us celebrate that “Christ the Lord is Risen Today” as we all proclaim “He Lives.”

VOLUNTEERS NEEDED - Kernstown does a wonderful job caring for our members. As our congregation grows we need more volunteers to help with visitations, calling homebound members, sending cards, and taking members to medical appointments. If you believe one or more of these important activities is your calling, please contact Carolyn Carney at 540-450-8208, or email her at Carolyn-Carney@comcast.net. She will also be glad to answer any questions you may have.

ATTENTION CRAFTY LADIES - Cathy Richard and a group of her scrapbooking and paper crafting friends (aka Kamie’s Krafters) meet at KUMC once a month. A free will offering is collected to purchase items for Operation Christmas Child Shoeboxes. We will meet on Saturday, April 6th, from 9 a.m. until 8 p.m. in the fellowship hall. You are welcome to join us. Contact Cathy at 540-931-2475 or catherine6141960@gmail.com with questions.

CALLING ALL MUSICIANS! - Kernstown UMC is very blessed with a wonderful music ministry. There are many opportunities available:
—The KUMC Choirs
Chancel Choir meets each Wednesday at 7:00
Children’s Choir meets on Sundays at 6:00
Youth Choir meets on Sundays at 7:30
—The HandBells practice each Wednesday
Kernstown Ringers at 5:30
KUMC HandBells at 6:15
If you would like to be a part of this ministry, please contact David Landrum, Kelly Henshaw, or Mimi Henshaw

WALKING IN THE SPIRIT
Your word is a lamp to my feet and a light to my path. Psalm 119:105
Spring has sprung!!! The bad weather of ice and snow is past, we hope. Come join us on Tuesday mornings at 9 a.m. in the food court at Apple Blossom Mall. Raise your endorphins to improve

your mood and happiness. Help you physically and spiritually by walking with this group. You will walk at your own pace and distance. We start with a short devotion and have intercessory prayers. Contact Doris Miller or Dwight Miller with any questions. Phone 540-303-3135

UNITED METHODIST WOMEN - Did you know? UMW is the largest denominational faith organization for women with approximately 800,000 members worldwide. Our mission is to foster spiritual growth, develop leaders, and advocate for justice for all. Our members raise up to \$20 million each year for programs and projects related to women, children, and youth in the United States and in more than 100 countries around the world.

On April 7th from 2-5 p.m., we will be hosting the Zone 2 Executive Council Meeting.

Next meeting is on April 9 at 10:00 in the fellowship hall. Program will be Women Witnessing to New Life. The objective is to see the resurrection women as leaders in the community of Jesus.

Spring Fundraiser for local missions is on April 14th, after worship service. We will be selling Ham Sandwiches and have bake sale. Use insert in bulletin to order your ham sandwiches. Leave inserts in box in narthex.

We are continuing to collect cancelled postage stamps, Box Tops for Education, Campbell’s Soup Labels, and plastic caps from Coke bottles. Place the items in the appropriate container in the mission room.

C-CAP – as a community outreach project, we will be collecting canned goods and other items to be donated to C-CAP for those who are less fortunate in our community. Leave your donations in the C-CAP Box in the mission room and we will deliver the items to C-CAP.

Cookbooks for sale in the mission room for \$3. Take one and leave payment in the jar.

Love, Hope, Joy, and Peace to all. Doris Miller, President

BANNER YOUTH



Dear KUMC Brothers and Sisters,

First of all, what I'm going to say is my opinion and observation. To my knowledge it is NOT church policy, either implied or in actuality.

Do you wonder why the Scripture readers have been saying to "open your own Bible" along with the information about the pew Bible (and pointing out the Scripture is also in the bulletin)?

But you say "Brother Rich, why should I bring and open my own Bible since we have pew Bibles and since the Scripture reading is given in the bulletin?"

Let me ask you a question: If you are taking notes during the Pastor's sermon and you know a particular point in the Scripture needs to be underlined or noted in some way, are you going to do that in the pew Bible? I think not. That's one reason you need to bring your own Bible to church. How about if you have a visitor sitting beside you and he/she wants to use the pew Bible?

You might say "I don't put notes, etc. in my Bible! I mean, why should I when there is a place to put sermon notes and annotate the Scripture lesson right in the church bulletin?" I ask you, in turn, how many of you actually write down notes in the area provided in the bulletin? How long do you keep those bulletins? I'm betting you don't keep every Sunday bulletin for more than a year. Then you do an annual "cleaning" and throw out those bulletins. And if you are reading/studying the Bible on a regular basis (and you should, you know, else how can you know what God is saying to you or how you should act as a Christian – assuming you are one), without those notes/underlining in your Bible, how are you going to know what's important (especially in the current

sermon series)? As to the bulletin, what if Pastor Aaron refers in his sermon to another Scripture that is not in the bulletin?

I come from a church culture/tradition where it wasn't unusual for the Pastor to say, "Who has your sword of the Lord with you today?" and indicate to raise your hand or your Bible in answer. Now Pastor Aaron doesn't do that because he's so humble he doesn't want to embarrass you when you didn't bring your Bible. (Maybe he should? Again, just my own personal thought.)

The bottom line is this: in my opinion you need to bring your OWN Bible to worship services. Don't depend upon the pew Bible.

Yours in Christ,
Rich Lichvar

PARISH NURSE NEWS

Purpose of Health Ministry – To promote wholistic health (mind, body, spirit) and prevent/minimize illness at KUMC and the surrounding community.

Contact me if you have any health concerns with which I can help. Doris Miller, BSN, RN – your Parish Nurse. My contact information: Call the church office and leave a message for me. Or call me on my cell phone (540) 303-3135 or e-mail me at dorismiller@yahoo.com.

BLOOD PRESSURE CHECKS – 2nd and 4th Sundays after worship service in mission room outside of the fellowship hall. (April 14 and 28). Importance of having your BP checked. You may not know that your BP is high as you may not have any symptoms. Recently someone that I know had BP checked at Health Fair. BP was very high and there were no symptoms. If BP had not been checked, person would not have known BP was high. High BP can cause heart attack or stroke or damage to other organs.

SAVE THE DATE: June 30 – Next 5th Sunday Pot Luck Luncheon.

HEALTH EDUCATION: APRIL IS HEALTH CARE DECISION MONTH

If we say we are His, we must follow the example of Christ (1 John 2:6).

Do you have an Advance Directive and Organ Donation Directive?

What do United Methodists believe about these decisions?

Reference: SOCIAL PRINCIPLES OF THE UNITED METHODIST CHURCH 2013-2016

Section II The Nurturing Community 161. M)

Faithful Care for Dying Persons: We recognize the agonizing personal and moral decisions faced by the dying, their physicians, their families, their friends, and their faith community. We urge that decisions faced by the dying be made with thoughtful and prayerful consideration by the parties involved, with medical, pastoral, and other appropriate counsel. We further urge that all persons discuss with their families, their physicians, and their pastoral counselors, their wishes for care at the end of life and provide **advance directives** for such care when they are not able to make these decisions for themselves. God has continued love and purpose for all persons, regardless of health. We affirm laws and policies that protect the rights and dignity of the dying.

Section III The Social Community 162. W)

Organ Transplantation and Organ Donation. We believe that organ transplantation and organ donation are acts of charity, agape love, and self-sacrifice. We recognize the life-giving benefits of organ and other tissue donation and encourage all people of faith to **become organ and tissue donors** as a part of their love and ministry to others in need. We urge that it be done in an environment of respect for deceased and living donors and for the benefit of the recipients, and following protocols that carefully prevent abuse to donors and their families.

FACTS OF ORGAN DONATION:

Reference: organdonor.gov

-There's no age limit to organ donation. To date, the oldest donor in the U.S. was age 93. What matters is the health and condition of your organs when you die.

-When you are sick or injured and admitted to a hospital, the one and only priority is to save your life. Period. Donation doesn't become a possibility until all lifesaving methods have failed.

-A national computer system matches donated organs to recipients. The factors used in matching include blood type, time spent waiting, other important medical information, how sick the person

is, and geographic location. Race, income, and celebrity are NEVER considered.

The majority of deceased organ donors are patients who have been declared brain dead. But brain death is NOT the same as coma. People can recover from comas, but not from brain death. Brain death is final. -What matters most is the health of the organs.

Every adult should have completed an Advance Directive and Organ Donation. We do not know God's plan for us and when we may enter into eternal life. We may be in an automobile accident or other event that leads to our deaths. The donation of your organs, tissues, eyes, skin can be your ministry to others in need of these to continue their lives.

It is easy to complete an Advance Directive. There are forms in the narthex – Five Wishes and the Advance Directive Form approved by the Virginia General Assembly. It does not need to be notarized in Virginia but if you live in West Virginia, it needs to be notarized. In Virginia, you will need to have your signature witnessed by two people. I suggest that you have friends, neighbors, or persons at KUMC witness when you sign the form. The Five Wishes gives you information on what you should consider when completing an Advance Directive. It also contains an Advance Directive form that is approved in Virginia. After completing the form and having it witnessed, you should keep the original and give copies to your family, your primary care physician, other specialists that you see, and the hospital that you use. At Winchester Medical Center, give a copy of your Advance Directive to Health Information Management (HIM) to be included in your hospital chart. HIM is located on the hallway between Valley Pharmacy and the hospital. You can also complete organ donation at DMV and have it on your Driver's License or ID card. This is helpful in the event of an accident; so that, EMS and the police know that you are an Organ Donor.

If you have questions, or need assistance with completing these, see Doris Miller RN, your Faith Community Nurse (Parish Nurse)



Kernstown UMC
3239 Valley Pike
Winchester, VA 22602-5303

NON-PROFIT
U.S. POSTAGE
PAID
PERMIT NO. 66
Winchester, VA

Return Service Requested

MARCH

Aaron Fitch, Pastor
Charles Harless, Pastor Emeritus
Carolyn Carney, Lay Leader
Dee Dee Schneider, Administrative Assistant
Jonathan Holland, Youth Director
Kelly Henshaw, Chancel Choir Director
Jackie Spitznogle, Treasurer
Doris Miller, RN, Parish Nurse
Vicky Maphis, Nursery Attendant
David Landrum, Pianist/Organist & Hand Bell Conductor, Music Director
Donna Funk-Smith, Communication
Technologies Coordinator

Luke 24:1-12

The Resurrection of Jesus

But on the first day of the week, at early dawn, they came to the tomb, taking the spices that they had prepared. They found the stone rolled away from the tomb, but when they went in, they did not find the body. While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. The women were terrified and bowed their faces to the ground, but the men said to them, 'Why do you look for the living among the dead? He is not here but has risen. Remember how he told you, while he was still in Galilee, that the Son of Man must be handed over to sinners, and be crucified, and on the third day rise again.' Then they remembered his words, and returning from the tomb, they told all this to the eleven and to all the rest. Now it was Mary Magdalene, Joanna, Mary the mother of James, and the other women with them who told this to the apostles. But these words seemed to them an idle tale, and they did not believe them. But Peter got up and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; then he went home, amazed at what had happened.