



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Give your child berries or orange segments and put in a pile then help them count out ten pieces to eat. Enjoy and count when eating also.	Give your child a scoop of hummus or peanut butter and encourage them to spread on to crackers or bread.	Spell out your child's name in a cheerleader's chant. Give me a "s" give me a "t" etc. and encourage them to repeat the letters until the end and then ask "What does that spell?"	Go for a walk and talk about the leaves and their color changes. See how many different ones you can find.	With small sticker stars or dots. Place the stickers in a straight line, curves or diagonal lines. Then have your child connect the dots with a pencil or a crayon.	Talk about your child's fears or your own fears and what you are scared of. See if you can find ways to help each other not to be afraid.	Read a short story with your child. Then ask them to re-tell it back to you, by looking at the pictures and using their own words.
Make some magic mud with your child. Mix about 1 cup of cornstarch with 1/2 cup of water. Place in a tray or on the table. Have your child try to pick it up, hold it, etc. Easy clean up!	Help your child learn their name and the letters in it. Set it to a tune if it helps and draw it out often and help them practice drawing the letters (always start at the top of the page!)	Tie a string to a foil balloon or give your child a streamer, and encourage them to run with it and let it fly behind them. Supervise. Remove balloon promptly if it pops.		At night use a flashlight in a dark room to make funny shadows on the wall. You can also try holding up funny objects, and making objects dance. Make up a story also.	With two puppets, (even just socks work), one for you and one for your child, make the puppets talk to one another and interact. They could even roll a ball to each other.	Talk about what you are thankful for, and ask your child what they are thankful for. Encourage your child also to use their manners, using "please, thank you, and excuse me."
Cut pictures from a magazine, flyer or newspaper (animals, people, toys, cars etc.) Then glue on to a piece of paper and make up a funny story about them as you place.	Cut out a pumpkin shape and some face shapes with your child. Then have your child glue the eyes, nose and mouth on to the pumpkin. Hang as a decoration.	Have a "triangle" day. Draw a triangle together, cut it out and then look for different shaped objects that are the same. Have a triangle snack, pizza, cracker, cheese, etc.	Dance, skip and jump to your child with music playing but when the music stops or when you say "Statue!" they must freeze into that position.	Have a pumpkin hunt. Cut out 6-7 pumpkin shapes and hide around a room. When found talk about where they were using position words: under, on, on top of etc.	Apply a thin layer of cold cream to your child's face (to make clean up easier!) then with face paint or makeup, turn you child into an animal like a cat or dog.	Let your child dress up in different clothes and costumes. Talk about Halloween night and what they are going to be and how to be safe.
Decorate a small pumpkin with paint or markers just for display.	With play dough make pancakes by flattening or rolling. Then make faces in them by poking fingers in for eyes, nose and use a knife to make a smile.	Carve a pumpkin together. Have your child help scoop the pulp and the seeds out. Count the seeds after. Use descriptive words when carving.	Sing this month's featured rhymes "Five saucy Owls and "Twinkle, Twinkle (a variation)"	After trick or treating with your child, sort and classify their Halloween treats together. Sort according to color shape, variety etc.		When putting your child to bed talk about all the things you did that day and what you liked best about your day and what you and your child didn't like also.