



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fill a bag with common household objects and then ask your child to tell you "what do you do with this?" Help them to use descriptive words to explain.	In a basement or outside, give your child a large rubber ball that they can kick against a wall, and retrieve. Repeat. Place a colorful target on the wall to aim at, also.		Have your child help you sort laundry by color (whites, reds, blues and blacks etc.) Have them help you to put the laundry in and out of the machines.	Play hopscotch together. Make a hopscotch with numbers 1-10. Practice hopping with one foot, then on two then back to one.	Sing "Old MacDonald had a farm", together.	Use a white candle or crayon to draw a magic message on a white piece of paper. Then have your child paint a thin coat of paint and the message will appear! Read!
With alphabet shaped noodles or cereal. Find a letter then see if your child can find one that looks like it.	Give your child a spray bottle with water mixed with vinegar and paper towel to clean mirrors and windows.	Roll play dough into snakes or logs and have your child cut into pieces with scissors. Put the pieces into a container and pretend they are macaroni that needs to be cooked.	Show your child how to cross the street safely. Teach them to look left, right and then left again. Make sure it is safe, and then proceed with your arm out. Children (9 and under) should cross the street with an adult.	Have a "yellow" day. Wear something yellow. Find yellow things in your home. Eat yellow foods like (banana, pineapple, eggs, cereal etc.)	Stack blocks or small boxes. Count as you stack and see how high you can build before they topple! Repeat!	Give your child magazines, flyers or newspapers, and show them pictures to try to cut out. The stiffer the paper the better. Show them good positioning and help if needed.
Hide a small toy. Then cue your child by saying to your child that they are "getting warmer", or "hot" or "cold" depending on how close they are to the item.	Go swimming with your child. Consider enrolling in a "Parent and me" swim class. Explore and play together in the water. Keep your child within arms reach at all times.	Name a variety of farm or zoo animals and talk about whether they are big or small.	Sing this month's featured rhymes: "Five little fishies" and "Hokey Pokey"	Talk about rhyming words –words that sound the same. See how many words rhyme with "bee". Write them down to show your child what they look like.	On a walk outside, have your child gather rocks. Then ask them to say a letter. Then with the rocks make that letter. Have your child copy!	Plant a seed in a cup or outside in the ground and talk about what it needs to grow and then watch and check daily. Help your child to water.
Count with your child as they walk up stairs, as you pick up toys, or different items like popsicle sticks, spoons, crayons etc.	Take a walk with your child and pick up some dandelions or flowers together.	"On your mark, get set, GO!" Ask your child to "run to touch the tree, then the house, then the bike". Limit or increase the touch targets depending on how they remember.	Imitate animals and their movements and see if your child can guess what you are acting out.	Trace your child's handprints or footprints on a piece of paper. Then have your child color in the print, with crayons.		Send your child on a scavenger hunt to look for items like a black rock, a green leaf, a yellow flower, a worm etc.)