



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Look at a book together. Ask questions like "Can you see the black cat?" or "do you see the red car with the black stripe?" etc. Point to them as you find them together	Talk about feelings with your child. In front of a mirror make "happy, sad, mad, surprised, scared" faces together.	Play hide and seek with a favorite toy of your child's. Take turns hiding it and then looking for it. Describe while searching. "Is it under the table? On the couch? Oh here it is by the lamp."		From flyers, cut out your child's favorite foods. When you go shopping hand them a picture and look for the item in the aisle, together. Talk about the foods and give them hints as to where it is.	Make snow angels in the snow together. When you come back in make snow angels inside on the floor. Then stand up and get them to try and call them jumping jacks!	Make some small balls of playdough and with a fork, poke the balls to make holes. Supervise as forks can be sharp.
Try playing "Go fish" with your child. If they do not understand, have them play with another adult partner or just practice matching the cards that are the same.	Sing this month's rhymes together: "Looby Loo" and "Hickory Dickory Dock"	Play a bowling game together. Stack some blocks or containers. Then roll a ball and knock them over. Repeat!	Clip clothespins around the rim of a coffee can or bucket or put blocks in the can. Count each one as you place.	Doodle with your child. Provide them with lots of paper, thick pencils and crayons to create and doodle away.	With some pipe cleaners, show your child how to twist them together to make shapes. Make a circle bracelet.	Have your child get on all fours like a dog. Hold a foil balloon out to the side of your child within kicking distance. Encourage them to kick the ball sideways...dog kicks!
With colored vegetables or fruits have your child separate the colors into different piles and talk about the colors.	Get your child to fold themselves into a small ball on the floor when kneeling. Then ask them to turn themselves into a giant tree and reach for the sky. Say "small ball, giant tree" Repeat actions.	When bathing your child add some food coloring to color the water or put some colored water in some containers and allow them to pour and mix in the tub.	String some "O" shaped multi grain cereal onto a string together, then hang outside for the birds to eat.	Play the "Hokey Pokey" with your child. Place a sticker or a mitten/sock on the right hand and foot. So they begin to recognize the difference between right and left.	Have a "blue" day. Wear something blue. Find things in your home or outside that are blue. Have a blue snack (blueberries, milk with blue food coloring, etc.)	When picking up toys have your child sort the toys and put them in separate containers...all the cars in one, the blocks in another etc.
With masking tape make a road on the floor, under the table around a chair, over a pillow, etc. Then take small cars and drive them on the road.	With some popsicle sticks and some yarn. Show your child how to make different shapes and even numbers or letters, label them as you make them.		With some clothes play dress up with your child, let them wear your clothes (T-shirts scarves, shoes, socks) and wear some of theirs: pants on your head, socks on thumbs etc.	Make a tea party or a picnic for your child and their stuffed animals/dolls. Pretend to feed and talk to the animals/dolls, ask them if they would want more etc.	Look through some family pictures together. Talk about what is happening in the pictures. Ask your child who the people are in the pictures also.	Go ice skating with your child. Make sure they wear a proper fitting CSA approved hockey helmet with face protection. Support your child under the arms and assist with a gliding motion. Or let them push a chair.