



Life-on-Life Relationships - RECOMMENDED COMPONENTS

~ **Prayer:** The prerequisite for growth is to ask our Helper the Holy Spirit for guidance and empowerment for that growth. We also need to pray for our Discipleship partner/s.

[Matthew 18.19, 20; Ephesians 6.18; Colossians 4.2, James 1.5,6]

~ **Purpose:** *“If you aim at nothing, you will hit it every time.”* (Zig Ziglar) In order to make progress in your spiritual growth, you will need to evaluate and discuss together the area/s where you hope to grow as a Disciple. Choose one area, set a goal, and make a plan for how to accomplish your goal. Within a Life-on-Life Discipleship Relationship, you may also enjoy fun activities and serving together.

[Romans 12.1, 2; Philippians 2.12-15; Hebrews 12.1,2]

~ **Regular meetings:** Life-on-Life partners should meet *at least* twice a month face to face; and make personal contact (email, phone, etc.) *at least* once a week when not meeting in person.

[Hebrews 10.24, 25]

~ **Study:** Being a Disciple implies that we are making an intentional effort toward spiritual growth and in our relationship with God, with the Word of God as our primary Source. The LAC Women’s Discipleship Coordinator can offer suggestions and/or resources for topical or biblical studies to meet your specific needs.

[2 Timothy 2.15; Colossians 3.16]

~ **Commitment and faithfulness:** Evidence of commitment to spiritual growth, and faithfulness within the Discipleship Relationship develop trust and contribute to a successful Life-on-Life experience.

[Galatians 5.22, 23; Philippians 3.14]

~ **Authenticity:** If we wear masks, we cannot grow in certain areas because the input from our Life-on-Life partner will not hit the mark. Disciples need to allow at least one other person to know “the rest of the story” so that person can provide effective input toward spiritual growth. Authenticity can lead to healthy accountability.

[Ephesians 4.15, 5.21; Proverbs 27.17; James 5.16; 1 Thessalonians 5.11]

~ **Evaluations:**

1. We encourage Life-on-Life partners to meet initially once or twice in order to get to know each other (through discussion about their Profile Sheets), and to decide if they want to begin a longer-term Life-on-Life Discipleship Relationship.

2. After meeting for 3 months, the Life-on-Life partners should agree to meet for the purpose of evaluating their time together – i.e., Is it fruitful, in terms of meeting goals? Are there changes that need to be made (format, content, etc.? Other?)

3. After meeting for 6 months, the Life-on-Life partners should evaluate their relationship once more in order to establish their plans for that relationship in the future. The Discipleship Coordinator will touch base with each of them as part of that process.

[Romans 12.3; Galatians 6.3, 4]

~ **Confidentiality:** It is essential to establish and maintain trust in a Discipleship Relationship. Therefore, what is shared in a Life-on-Life relationship must absolutely be considered confidential.

[Psalm 141.3]

Mt. 28.19, 20: “Go therefore and make Disciples of all nations . . . teaching them to observe all that I commanded you . . .”
Luke 9.23: “If anyone wants to be My Disciple, he must deny himself; take up his cross daily; and follow Me!”