



The Gospel of St. Luke relates the story of the risen Christ appearing to two who were walking along the road from Jerusalem to Emmaus (Luke 24: 13-35). This story provides the image for Emmaus, an Upper Room program that calls for and renews Christian discipleship.

Two friends were walking together. They were sharing their deepest heart's concerns. The risen Christ joined them and explained the scriptures as they walked, how it was ordained that Christ should suffer and so enter his glory. This experience on the road was a heart-warming experience as the risen Christ walked and talked with them. The illuminating climax of the experience was when Christ took the bread and said the blessing, then broke it and gave it to them. The two had their eyes opened and they recognized him as the risen Christ.

Emmaus is centered in the weekend experience. This *“Walk to Emmaus”* is *with friends*; the scriptures are explained in such a way to bring light and understanding to our needs. For many, it will be a heartwarming experience. Many will share so deeply in worship and Holy Communion that their eyes will be opened and see the risen Christ. Participants will study, discuss, and experience God's grace in community. The context will be in 15 presentations led by lay and clergy around the theme of God's grace and how that grace comes alive in the Christian community and expresses itself in the world. This grace will become personal in small communities through a unique approach to table group discussions. Those attending the weekend personally experience God's grace through prayers and acts of service of a living support community. The real focus of the Emmaus Community is not on itself, but on the local church. The objective of Emmaus is to inspire, challenge, and equip local church members for Christian action in their homes, churches, places of work, and communities.

There are two expectations of a person following his or her *“Walk to Emmaus”*

1. Strengthen his/her own inner spiritual life.
2. Be a more active disciple of Christ in the world through his/her church.

One of the primary strengths of Emmaus is the follow-up activities. Reunion Groups meet weekly to reflect and share their disciple opportunities and responsibilities. Such a group is made up of three to six people. A person's sponsor will help their pilgrim find a Reunion Group. Regular gatherings afford an opportunity to join with other Emmaus Pilgrims in a particular geographical area to share fellowship, worship and informal instruction. The Community Newsletter provides information about community activities as well as plans for future Walk weekends.

The weekend is a 3-day (72 hours) experience that begins Thursday evening and concludes Sunday evening. If you are interested in learning more about the *“Walk to Emmaus*, please contact:

Puget Sound Walk to Emmaus
President of the Board
P.O. Box 77314
Seattle, WA 98133

or send an email to: president@pswte.org

If you would like to attend a Walk to Emmaus, please fill out the attached form and mail it to:

Puget Sound Walk to Emmaus
Pre-Walk Chair/Registrar
P.O. Box 77314
Seattle, WA 98133

An applicant must be sponsored by someone who has attended a Walk to Emmaus or similar three day short course in Christianity. If you want to apply and do not have a sponsor, please view the listing of Ultreyas in the Puget Sound Area, find a listing near you, and contact a person from that Ultreya. The listing of Ultreyas in the Puget Sound Area is located at: www.pswte.org/#/ultreya/list-of-ultreyas

APPLICANT- (Please Print Clearly)

To be completed by Each Applicant:

Name: _____ Name Preferred: _____
Address: _____ Phone -Home _(_____)_____
City, State, Zip: _____ Phone - Work _(_____)_____
Marital Status: _____ Gender: Male ___ Female ___ Age: _____ Email: _____
Medically necessary diet requirements: _____
Known allergies: _____ Physical Limitations: _____
Name and denomination of church now attending: _____
Pastor's Name: _____
Has your sponsor explained the Walk to Emmaus to you? _____
Have you been baptized? _____
Preferred date to attend a Walk to Emmaus: Summer _____ Fall _____ Winter _____
If married, will your spouse attend [the corresponding Walk]? _____ If so, spouse's name _____
Signature: _____ Date: _____

To be completed by Applicant's pastor:

How long have you known this person? _____
Is he/she an active and supportive member of their congregation? _____
Printed Name: _____
Signature: _____ Date: _____

To be completed by Applicant's sponsor:

Name: _____ Email: _____
Address: _____ Phone Home _(_____)_____
City, State, Zip: _____ Phone Work _(_____)_____
Name and denomination of church now attending: _____
When did you make your Walk or similar weekend: _____
Do you receive the Puget Sound WTE newsletter, "Rainbow Junction Gazette?" _____
Have you read the Guidelines for Pilgrim Selection and agree to fulfill the sponsor obligations outlined on the Sponsor's Pre-Walk Responsibilities Information Sheet? (located on the website) _____
Signature: _____ Date: _____

NOTE TO SPONSOR(S) AND CLERGY: The Puget Sound Walk to Emmaus Board and the Upper Room Walk to Emmaus communities are committed to encouraging married couples to make an equal commitment to participate in Walk to Emmaus. This policy is in place to provide spouses equal exposure to the spiritual growth that is often the result of these weekends, the ability to share their weekend experiences with each other, and to offer equal opportunity to participate in the follow-up activities after the weekend. If you are seeking to enroll only one spouse of a married couple, the pastor should prayerfully consider the couple's particular circumstances prior to signing the application. It is the responsibility of the sponsor to obtain the pastor's signature on the application