



You can't spell disciple without discipline. Discipline is needed and good when it comes to following Jesus, and especially when the newness of New Year's resolutions wear off.

Jesus engaged in the regular discipline of getting away to pray. Paul regularly practiced the discipline of praying for people. Many people have been disciplined to read Scripture regularly.

As we step into a season of community and going through the book of Colossians, we are going to continue the discipline of reading Scripture together. Over the next few months we will read Colossians, Psalms, and the Gospel of Mark together.

As you read Scripture daily, **follow the same rhythm**:

Silence - Sit quietly and say, "Speak Lord, I am listening."

Scripture - Read slowly, pay attention to a word/phrase that stands out and ask, "Lord what are you showing me today?"

Reflect - Ask, "What are you saying to me in this moment?"
Who is Jesus?
Who am I in Christ?
How am I going to live out this passage?
Who am I to share this passage with?

Journal - Write down or think about what God stirs in you. It could be a thought, prayer, question, or something else. Remember there is no right way to do this. Just express your feelings towards God

Finally, what may start as a discipline will turn into a delight, and that is our prayer for you; that you would delight spending time with your Father in heaven.

February 8 - Colossians 1:1-14

Reflect: How did the Gospel come to you? Who shared it with you? What has the Gospel produced in your life?

February 9 - Psalm 24

Reflect: What is the promise for those who have a clean hands and a pure heart?

February 10 - Colossians 1:15-23

Reflect: What did you learn about Jesus from this passage? Which attribute of Jesus did you take comfort in or were challenged by?

February 11 - Psalm 25

Reflect: Where do you need direction from the Lord? Share that with him, and listen. Write it down and share with someone. Also, what kind of person does the Lord lead?

February 12 - Colossians 1:24-2:5

Reflect: What are the practical implications of the reality that Christ, the hope of glory, lives in you?

February 13 - Psalm 27

Reflect: Read Psalm 27:4 multiple times. How can you put this verse into practice?

February 14 - Colossians 1:15-23 [Yes, again] & Philippians 2:1-11

Reflect: As we prepare to worship tomorrow, what attribute of Jesus are you the most thankful for today?