



Over the past 21 days, we have read Scripture **together**. We have walked through three movements, which wrap up this week:

- Knowing Jesus** - through the Gospel of Mark
- Knowing Yourself** - through Ephesians
- Knowing what Matters** - Through the Psalms

As you read the passages for this week, continue to **follow the same rhythm**:

Silence - Sit quietly and say, "Speak Lord, I am listening."

Scripture - Read slowly, pay attention to a word/phrase that stands out and ask, "Lord what are you showing me today?"

Reflect - Ask, "What are you saying to me in this moment? Use the following questions to reflect on what you read.

- Who is Jesus?
- Who am I in Christ?
- What truly matters?
- How am I going to live out this passage?

Journal - Write down what God stirs in you. It could be a thought, prayer, question, moment of gratitude, or something else. There is no wrong way to do this.

At the end of the week, as we wrap up the 21 day reading plan, look back and ask;

- Who have I discovered Jesus to be?
- What have I learned about God's heart toward me?
- What now matters most as I move forward?



January 25 - Ephesians 3:14-21 [Rooted in Love]

Reflect: Where do you most need to experience the depth of Christ's love today?

January 26 - Ephesians 4:1-16 [Walk Worthy]

Reflect: What does "walking worthy" look like in your relationships this week?

January 27 - Ephesians 4:17-32 [Put on the New Self]

Reflect: What part of the "old self" is God inviting you to release?

January 28 - Psalm 139 [Known Completely]

Reflect: Which verse reminds you most that God knows you intimately and lovingly?

January 29 - Psalm 23 [The Lord is My Shepherd]

Reflect: Where do you sense God leading you toward rest, trust, or guidance?

January 30 - Psalm 46 [My Refuge and Strength]

Reflect: What fear, burden, or uncertainty do you need to place in God's hands?

January 31 - Psalm 1 [Rooted and Flourishing]

Reflect: What practices keep you rooted, nourished, and grounded in God's presence?