

Bible Verses to Hold Onto

Blessed are those who mourn, for they shall be comforted.

Matthew 5:4

You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book.

Psalms 56:8

He will wipe every tear from their eyes and there will be no more death or sorrow or crying or pain. All these things will be gone forever.

Revelation 21:4

The Lord is near to the brokenhearted and saves the crushed in spirit.

Psalms 34:18

Blessed are those who mourn, for they shall be comforted.

Matthew 5:4

Casting all your anxieties on Him because He cares for you.

1 Peter 5:7

Jesus wept.

John 11:35

Come to Me, all who labor and are heavy laden, and I will give you rest.

Matthew 11:28

My flesh and my heart may fail, but God is the strength of my heart and portion forever.

Psalms 73:26

Peace I leave you; My peace I give to you.

John 14:27

***Dear Heavenly Father,
we come to you with a heavy heart. Please send your Holy Spirit to comfort us
and strengthen us. We need Your help and mercy right now. We lean into Your
promises. We trust You and know that You will take care of us. We are never
alone and never without help. In Jesus' name. Amen.***