

TRUE STORY: Familiar stories. Life-changing truth.

WEEK 1: Why do we hide from God? (Adam and Eve)

Core Truth: Sin separates us from God, but God pursues sinners.

Trustworthy Statement: Even when we run from God, He comes looking for us.

Day 1 — Genesis 3:1-9 (CSB)

Question: When have I been tempted to hide my sin instead of bringing it honestly before God?

Day 2 — Psalm 139:1-12 (CSB)

Question: How would my relationship with God change if I truly believed I could never outrun His presence?

Day 3 — Isaiah 59:1-2 (CSB)

Question: What area of disobedience may be creating distance between me and God right now?

Day 4 — Romans 5:12-21 (CSB)

Question: How does understanding what Jesus accomplished for me change the way I view my failures and mistakes?

Day 5 — John 3:16-21 (CSB)

Question: Am I trusting in God's love and grace, or am I still hiding behind my own efforts, excuses, or shame?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 2: Can I trust God when I don't understand what He's doing? (Noah)

Core Truth: Faith obeys before it sees.

Trustworthy Statement: God honors faith that trusts His Word even when the outcome is unclear.

Day 1 — Genesis 6:9-22 (CSB)

Question: What is God asking me to trust Him with right now, even though I cannot see how it will turn out?

Day 2 — Hebrews 11:1-7 (CSB)

Question: Where am I waiting for proof before obeying God instead of trusting what He has already said?

Day 3 — Proverbs 3:5-6 (CSB)

Question: What area of my life am I still trying to control instead of fully surrendering to God's direction?

Day 4 — 1 Peter 3:18-22 (CSB)

Question: When life feels uncertain, am I trusting in Christ's finished work or relying on my own strength and understanding?

Day 5 — Matthew 7:24-27 (CSB)

Question: What practical step can I take this week to build my life on God's truth instead of my own understanding?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 3: Why does God allow difficult seasons in our lives? (Joseph)

Core Truth: God is working even when we cannot see it.

Trustworthy Statement: God's providence is bigger than your pain.

Day 1 — Genesis 50:15-21 (CSB)

Question: Where have I seen God use a painful season in my life for good in ways I could not see at the time?

Day 2 — Psalm 105:16-22 (CSB)

Question: How does knowing that God can work through delays, setbacks, and suffering change the way I view my current circumstances?

Day 3 — Romans 8:28-30 (CSB)

Question: Am I more focused on my comfort or on the character God is developing in me?

Day 4 — James 1:2-4 (CSB)

Question: What trial in my life might God be using to mature and strengthen my faith?

Day 5 — 2 Corinthians 4:7-18 (CSB)

Question: How would my perspective change if I viewed my current struggles through the lens of eternity?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 4: Why does God give us commands? (Moses and the 10 Commandments)

Core Truth: God's commands reveal His character and shape His people.

Trustworthy Statement: God's Word is a gift, not a burden.

Day 1 — Exodus 19:1-6 (CSB)

Question: How would my view of God's commands change if I saw them as a gift from a loving God rather than a burden to carry?

Day 2 — Psalm 19:7-11 (CSB)

Question: Do I see God's Word as something that limits me or something that leads me toward His best?

Day 3 — Deuteronomy 6:4-9 (CSB)

Question: What would it look like for God's truth to shape my everyday conversations, decisions, and priorities?

Day 4 — Matthew 5:17-20 (CSB)

Question: How does Jesus' fulfillment of the Law give me confidence in my relationship with God?

Day 5 — John 14:15-21 (CSB)

Question: Is my obedience motivated more by duty or by love for Jesus?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 5: How do we face challenges that seem bigger than us? (David and Goliath)

Core Truth: God displays His power through people who depend on Him.

Trustworthy Statement: The size of your faith matters more than the size of your giant.

Day 1 — 1 Samuel 17:45-47 (CSB)

Question: Am I focusing more on the size of my problems or the greatness of my God?

Day 2 — Psalm 27 (CSB)

Question: What would change in my life if I trusted God's presence and power more than my fears?

Day 3 — 2 Corinthians 12:7-10 (CSB)

Question: How might God use an area of weakness in my life to display His strength?

Day 4 — Ephesians 6:10-18 (CSB)

Question: What battle am I trying to fight in my own strength instead of relying on the strength God provides?

Day 5 — 2 Chronicles 20:15-17 (CSB)

Question: How would my perspective change if I trusted God to fight the battles I cannot win on my own?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 6: Who am I helping move closer to Jesus? (4 friends, 1 paralytic, and Jesus)

Core Truth: Faith moves people toward Jesus and brings others with it.

Trustworthy Statement: Sometimes faith means carrying someone else to Jesus.

Day 1 — Mark 2:1-12 (CSB)

Question: Who is one person God has placed in my circle that I can help take one step closer to Jesus this week?

Day 2 — Hebrews 10:23-25 (CSB)

Question: How can I intentionally encourage someone in their faith this week?

Day 3 — Galatians 6:1-2 (CSB)

Question: Whose burden might God be inviting me to help carry right now?

Day 4 — James 2:14-18 (CSB)

Question: What is one way my faith can move from intention to action this week?

Day 5 — John 13:34-35 (CSB)

Question: What is my best next step to help someone God has placed in my circle experience the love of Jesus this week?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 7: Can Jesus really change anyone? (Zacchaeus)

Core Truth: Jesus transforms the people He pursues.

Trustworthy Statement: No one is beyond the reach of God's grace.

Day 1 — Luke 19:1-10 (CSB)

Question: How does knowing that Jesus pursued me before I ever pursued Him change the way I view my relationship with God?

Day 2 — Ezekiel 36:25-27 (CSB)

Question: What area of my life am I still holding onto instead of surrendering to the heart change God wants to bring?

Day 3 — 2 Corinthians 5:17 (CSB)

Question: Am I living more from who I used to be or from who I am becoming in Christ?

Day 4 — Ephesians 2:1-10 (CSB)

Question: How would my perspective change if I truly believed my salvation is a gift of grace and not something I have to earn?

Day 5 — Titus 3:3-7 (CSB)

Question: How has God's love and grace changed the way I see and engage with people where I live, learn, work, and play?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 8: What keeps us far from the Father? (The Prodigal Son)**Core Truth:** Rebellion and self-righteousness can both keep us far from the Father.**Trustworthy Statement:** The Father lovingly invites every sinner to repent, receive His grace, and come home.**Day 1 — Luke 15:1-3, 11-32 (CSB)**

Question: Which son do I most resemble right now—the younger son running through rebellion or the older son resisting through self-righteousness?

Day 2 — Isaiah 55:6-7 (CSB)

Question: What do I need to turn away from so I can return to God and receive His compassion and forgiveness?

Day 3 — Romans 2:1-4 (CSB)

Question: Where might pride or comparison be keeping me from recognizing my own need to repent?

Day 4 — Romans 3:21-26 (CSB)

Question: Am I trusting in Jesus alone to make me right with God, or am I relying on my behavior to prove I deserve His acceptance?

Day 5 — James 4:6-10 (CSB)

Question: What humble step of repentance is God inviting me to take as I draw near to Him?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.