

WEEK 2: Always on.**Core Truth:** True rest is found by coming to Jesus and living under His direction.**Trustworthy Statement:** Rest is found when we trust and follow the Good Shepherd.**Day 1 — Matthew 11:25-30 (CSB)**

Question: What burden, expectation, or false master do I need to surrender as I come to Jesus and learn to live under His direction?

Day 2 — Psalm 23:1-6 (CSB)

Question: Which expression of the Shepherd's care in this passage do I most need to trust in my present circumstances?

Day 3 — Isaiah 40:27-31 (CSB)

Question: Where have weariness or discouragement caused me to wonder if God sees what I am facing? How does this passage challenge that belief?

Day 4 — 1 John 5:1-5 (CSB)

Question: How does knowing that God's commands flow from His love change the way I view obedience to Him?

Day 5 — Hebrews 13:20-21 (CSB)

Question: How does knowing that God raised Jesus, the great Shepherd, and is working in me give me confidence to follow His direction instead of depending only on my own strength?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.