

GROUND RULES: Five truths for standing firm.

WEEK 1: What do we trust when we cannot see what God is doing? (Living Hope)

Core Truth: Because Jesus rose from the dead, our hope is secure even when our circumstances are uncertain.

Trustworthy Statement: What we see right now is not all God has promised.

Day 1 — 1 Peter 1:1-5 (CSB)

Question: How does knowing that my future with Jesus is secure change the way I view what I am facing today?

Day 2 — 1 Peter 1:6-12 (CSB)

Question: How might my present difficulty become an opportunity to trust Jesus more deeply?

Day 3 — 2 Corinthians 5:1-7 (CSB)

Question: What would change in the way I face today if I lived with greater confidence in the future God has promised?

Day 4 — Romans 8:31-39 (CSB)

Question: How does knowing that nothing can separate me from God's love change the way I view my present circumstances?

Day 5 — Hebrews 11:1-16 (CSB)

Question: What faithful next step can I take because I trust what God has promised?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 2: How should God's grace change the way we live? (Grace and Obedience)

Core Truth: We are not saved by our obedience, but God's saving grace calls and empowers us to live differently.

Trustworthy Statement: Grace does not leave us where it found us.

Day 1 — 1 Peter 1:13-16 (CSB)

Question: What part of my conduct needs to become more consistent with the character of the God I follow?

Day 2 — 1 Peter 1:17-21 (CSB)

Question: How should remembering the price Jesus paid for me shape the way I respond to Him today?

Day 3 — 1 Peter 1:22-2:3 (CSB)

Question: Where is God calling me to put away a sinful attitude or action and replace it with sincere love?

Day 4 — Luke 5:1-11 (CSB)

Question: What has Jesus made clear that I need to trust Him enough to obey?

Day 5 — James 1:19-25 (CSB)

Question: What truth from God's Word do I need to put into practice rather than merely agree with?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 3: Who determines who we are and how we live? (Identity and Purpose)

Core Truth: Our identity is not determined by our circumstances or the opinions of others. It is received from Jesus and lived out for His glory.

Trustworthy Statement: Your circumstances do not determine your identity; Jesus does.

Day 1 — 1 Peter 2:4-8 (CSB)

Question: What have I been using as the foundation for my identity instead of Jesus?

Day 2 — 1 Peter 2:9-12 (CSB)

Question: How can the way I live, learn, work, or play help someone see the goodness of Jesus?

Day 3 — John 15:1-8 (CSB)

Question: Am I trying to create a meaningful and fruitful life on my own, or am I remaining connected to Jesus?

Day 4 — Colossians 3:1-17 (CSB)

Question: What attitude or behavior no longer fits who I am in Christ?

Day 5 — Matthew 5:13-16 (CSB)

Question: What is one good work I can do this week that will help someone experience the love of Jesus?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 4: What has God placed in our hands to share with others? (Stewarding God's Grace)

Core Truth: Everything God entrusts to us is an expression of His grace that can be used to serve others and bring glory to Jesus.

Trustworthy Statement: Grace-filled hearts live with open hands.

Day 1 — 1 Peter 4:7-9 (CSB)

Question: Who can I intentionally welcome, encourage, or care for this week?

Day 2 — 1 Peter 4:10-11 (CSB)

Question: What ability, experience, opportunity, or resource has God entrusted to me that I could use to serve someone else?

Day 3 — Acts 11:27-30 (CSB)

Question: What need has God allowed me to see that I may be able to help meet?

Day 4 — 2 Corinthians 8:1-15 (CSB)

Question: What does this passage teach me about the relationship between God's grace and genuine generosity?

Day 5 — 2 Corinthians 9:6-15 (CSB)

Question: How can I use something God has provided to bless someone and point them toward Jesus?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.

WEEK 5: How can we remain faithful when life gets hard? (Standing Firm)

Core Truth: Adversity is not evidence that God has abandoned us. We can entrust ourselves to our faithful Creator, continue doing what is right, and stand firm in His grace.

Trustworthy Statement: Hard seasons can shake us without destroying the ground on which we stand.

Day 1 — 1 Peter 4:12-16 (CSB)

Question: How can remembering that Jesus is with me change the way I respond when faithfulness becomes difficult?

Day 2 — 1 Peter 4:17-19 (CSB)

Question: Where do I need to release control of an outcome while remaining faithful to what God has called me to do?

Day 3 — 1 Peter 5:6-9 (CSB)

Question: What anxiety do I need to place in God's hands because I trust that He cares about me?

Day 4 — 1 Peter 5:10-14 (CSB)

Question: Which of God's promises to restore, establish, strengthen, and support me do I most need to remember in my present season?

Day 5 — Romans 5:1-5 (CSB)

Question: How might God be developing endurance, character, or hope in me through what I am facing?

Take time to practice SOAP:

Scripture: What stands out?

Observation: What is God revealing?

Application: What needs to change?

Prayer: Talk to God about it.