

Battle Ready: Suit Up! Helmet, Sword, & One More

Ephesians 6:10-18; Genesis 1, 3:1-7; Deuteronomy 6:13 & 16, 8:3; Psalm 91:11-12; Matthew 4:1-11; Romans 10:9-10, 12:2; 2 Corinthians 11:3; Hebrews 4:12; James 4:7; 2 Peter 3:18

_____ of _____

_____ of the _____ = _____ of _____

_____ up _____ through _____!

_____ firm against the _____ of the _____.

MY NOTES | OBSERVATIONS | QUESTIONS

GUEST CONNECT



NEXT STEPS



PRAYER REQUEST



DONATE



Discussion Guide

1. What is one thing from the message that God used to encourage, challenge, or grow you?
2. Have you ever experienced a time when your thoughts felt under attack — through fear, doubt, comparison, or confusion? What happened, and how did you respond? Share your story.
3. Thinking about our world and culture today, how do people respond to the idea of a real battle for their mind — that the enemy is working to influence thoughts to steer them away from God? Do people recognize it, ignore it, or dismiss it? What leads you to think this? Share your thoughts.
4. Read Romans 12:2 and 2 Corinthians 10:5. What do these passages reveal about using the “helmet of salvation”? Practically, what does “renewing your mind” and “taking every thought captive” look like? What is one small rhythm you can adopt to help you practice this?
5. Read Hebrews 4:12 and Matthew 4:1–11. What do these passages reveal about the living power of God’s Word and its ability to cut through lies, confusion, and temptation? What do you learn from Jesus’ example of using God’s Word to confront and defeat the enemy’s attacks?
6. The enemy loves to whisper lies about our worth, identity, or future. What are some lies or half-truths you’ve seen him use personally or in our culture? How do you use the Sword to fight these?
7. Why do you think prayer is essential to being battle ready? How does prayer connect us to the Lord and strengthen our unity with other believers?
8. What is your best next step this week to suit up daily in the full armor of God to be Battle Ready? Share your step with the group so we can pray for one another to stand firm in victory.
9. Take a few minutes to SOAP through one of the passages referenced in the message today. These are found on the top of the notes page. You may want to include verses before/after the passage listed too. Share your insights with the group.

Scripture:

Observations:

Application:

Prayer:

Prayer Requests: