

Overwhelmed WK4 - Time to Abide

John 10:10, 15:1-11; Romans 3:23; Ephesians 2:8-9

Jesus is not merely a _____ for life. HE is the _____ of life.

_____ upon JESUS isn't _____. It's the design of _____.

_____ grows from _____, not frantic _____.

_____ isn't the _____ for _____. It's the _____ of it.

I don't need more of _____. I need to stay _____ to _____.

MY NOTES | OBSERVATIONS | QUESTIONS

GUEST CONNECT



NEXT STEPS



www.RiverRock.cc

PRAYER REQUEST



DONATE



OVERWHELMED WK4: TIME TO ABIDE— ADULT DISCUSSION GUIDE

1. What is one thing from the message that God used to encourage, challenge, or grow you?
2. Share a season when life felt like too much and you responded by trying harder, holding on tighter, or attempting to control everything yourself. How did that impact you and others?
3. Our culture often treats self-sufficiency as strength and dependence as weakness. Why is it difficult to admit that we can't produce everything we need ourselves? How can that leave us more overwhelmed?
4. Read John 15:1–3. Who does Jesus identify as the true vine, the gardener, and the branches? What do these descriptions reveal about Jesus, the Father, and our dependence upon them?
5. Read John 15:4–6. What does Jesus command His disciples to do? What is the difference between appearing connected to Jesus and possessing life through a genuine relationship with Him?
6. Read John 15:7–11. What do these verses reveal about the roles of Jesus' Word, prayer, obedience, love, and joy in an abiding relationship with Him? How does abiding in Jesus shape what we desire and ask God to do?
7. Read Titus 3:3–7. According to this passage, why can't religious activity, personal effort, or good behavior give us spiritual life? What has God done to save us, and how do we receive it?
8. In what area of your life have you been relying primarily on your own effort or control? What is one specific way you can practice dependence upon Jesus through His Word, prayer, trust, or obedience this week? Share with the group and pray for one another.

OVERWHELMED WK4: TIME TO ABIDE — YOUTH DISCUSSION

1. What is one thing from the message that God used to encourage, challenge, or grow you?
2. When life feels overwhelming, where are you most likely to try harder or control everything yourself—school, sports, activities, friendships, family, or something else? How does that affect you?
3. Read John 15:1–5. Who is the vine, who is the gardener, and who are the branches? What does the picture of a branch and vine teach us about our need for Jesus?
4. Jesus says, "You can do nothing without me." What does He mean? What kind of fruit might the life of Jesus produce in the choices, attitudes, and relationships of a student who depends upon Him?
5. Read John 15:9–11 and Titus 3:4–7. According to Titus, how are we saved? According to Jesus, why should obedience flow from receiving His love instead of trying to earn it?
6. What is one area where you have been depending mostly on yourself? What is one way you can depend upon Jesus through His Word, prayer, trust, or obedience this week? Share together and pray for one another.

Prayer Requests:

SOAP! Take a few minutes to SOAP through the passages referenced in the message. Find them at the top of the notes page. You may want to include verses before or after the passage too.