

## **GROW: Healthy Relationships**

Philippians 2; Proverbs 27:17; John 13:34-35, 15:1-8; Romans 12:3, 9-21; 2 Corinthians 10:3-5;  
Galatians 5:16-26; James 4:1-8; 1 Peter 5:8-9

R\_\_\_\_\_

Get \_\_\_\_\_ so you can \_\_\_\_\_.

Actively \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

Faithfully \_\_\_\_\_.

**MY NOTES | OBSERVATIONS | QUESTIONS**

**GUEST CONNECT**



**NEXT STEPS**



**PRAYER REQUEST**



**DONATE**



## Discussion Guide

1. What is one thing from the message that God used to encourage, challenge, or grow you?
2. Can you think of a time when you were asked about something good or something that was a struggle in life and it helped you grow in a relationship? What happened? Share your story.
3. Thinking about our world and culture today, how do people generally feel about personal relationships and making sincere, healthy connections with others? What leads you to think this? Share your thoughts.
4. Read Philippians 2:1-11 together. Is there a specific area of life where you struggle to put the interests of others ahead of your own? If so, where is it? Why do you think this is a struggle?
5. We were reminded that Jesus is the source that fills us up so we can live in healthy relationship with others. What are some personal disciplines that you practice to get filled up and grow in your relationship with Jesus? What is one that you feel you need to increase?
6. We learned about 3 questions we can ask to help us learn about others. What were they (not in the notes)? What are some other questions we can ask to help us develop and grow in relationship with others?
7. What area of follow through, when it comes to having and growing strong relationships, would you say is a struggle for you? What is your best next step to overcome this struggle? Share with the group so we can pray with you about it.
8. Take a few minutes to SOAP through one of the passages referenced in the message today. These are found on the top of the notes page. You may want to include verses before/after the passage listed too. Share your insights with the group.

Scripture:

Observations:

Application:

Prayer:

Prayer Requests: