

GROUND RULES WK5 - The Humble Stance

Exodus 3:19-20, 6:1; Psalm 55:22; Luke 14:11; Romans 5:8; Hebrews 13:8; James 4:7; 1 Peter 5:6-12

God's mighty hand _____ you, it doesn't _____ you.

To _____ yourself means to _____ your _____ on Him.

You aren't _____ to _____ what only God can _____.

You're focused on your _____ while the enemy's focused on your _____.

The thing you're _____ with isn't the only thing you need to be _____.

Staying _____ to the faith family is part of your _____.

This is what God's grace does: makes you _____, _____, _____, and _____.

Stand _____ in the true, perfect, and unending _____ of God.

MY NOTES | OBSERVATIONS | QUESTIONS**GUEST CONNECT****NEXT STEPS**www.RiverRock.cc**PRAYER REQUEST****DONATE**

Discussion Guide

1. What is one thing from the message that God used to encourage, challenge, or grow you?
2. Think about a hard season in your life. Looking back, was your attention mostly on the struggle itself, or were you also aware of what that struggle was doing underneath the surface, in your heart and your walk with God? Share your story.
3. How does our culture typically talk about struggles, setbacks, and hardship? How does that align with how Peter describes the spiritual reality behind them?
4. Read 1 Peter 5:6–7. What does it mean to "humble yourself under the mighty hand of God"? Why do you think Peter connects humility directly to casting our cares on Him, rather than treating them as two separate things?
5. Peter says we can cast our cares on God "because he cares about you." How does knowing God's care is present-tense — true right now, not just in the past — change the way you carry (or don't carry) what's weighing on you today?
6. Read 1 Peter 5:8–9. What does it look like practically to be "sober-minded" and "alert"? Why might a season of struggle make us more vulnerable to things we wouldn't normally have to guard against?
7. Why is isolation dangerous during a hard season, and how does staying connected to other believers function as real protection, not just encouragement?
8. Read 1 Peter 5:10–12. What do the words restore, establish, strengthen, and support tell you about what God does in seasons of suffering? How does this impact your faith?
9. What present circumstance do you need to stand firm in God's grace over, and what is your best next step to move forward in grace? Who do you know that would be encouraged by this too?
10. Take a few minutes to SOAP through the passages referenced in the message today. These are found on the top of the notes page.

Scripture:

Observations:

Application:

Prayer:

Prayer Requests: