

## What Are You Afraid Of: Insider Info

Mark 1:21-28, 5:1-20; John 10:1-21; 2 Corinthians 5:16-21; Galatians 2:20; 1 Peter 5:6-11

\_\_\_\_\_ to Jesus with what's \_\_\_\_\_, no matter how \_\_\_\_\_ it feels.

Trust Jesus to \_\_\_\_\_ and \_\_\_\_\_ what's \_\_\_\_\_ you.

\_\_\_\_\_ your new \_\_\_\_\_ with \_\_\_\_\_.

**MY NOTES | OBSERVATIONS | QUESTIONS**

GUEST CONNECT



NEXT STEPS



PRAYER REQUEST



DONATE



## Discussion Guide

1. What is one thing from the message that God used to encourage, challenge, or grow you?
2. When you were younger, what were you afraid of that seems kind of silly now? What are some things that feel scarier as you get older? Share your story.
3. Thinking about our world and culture today, what kind of things are people afraid of? How comfortable are people with being transparent about their fears? What leads you to think this? Share your thoughts.
4. Read Mark 5:1–20 together. What do you notice about the man's approach to Jesus, and Jesus' response to him? What stands out to you about this encounter? Share your thoughts.
5. What are the 3 core principles identified today? Which of these do you feel would be the most challenging for you to apply to your life? Which is the easiest? Why?
6. The man was sent to tell others about the NEW LIFE he received. What story could your life tell about God's mercy? Share part of your story with group. Who else needs to hear that story?
7. Is there a fear that is tormenting you right now? What is it? What is one practical step you need to take this week to replace that fear with peace and live the NEW LIFE you have in Jesus on purpose? Share with the group so we can pray for this step.
8. Take a few minutes to SOAP through one of the passages referenced in the message today. These are found on the top of the notes page. You may want to include verses before/after the passage listed too. Share your insights with the group.

Scripture:

Observations:

Application:

Prayer:

Prayer Requests: