

# BIBLICAL FOUNDATIONS

---

## Coaching Booklet



---

# **1** INTRODUCTION

The mission of our church is “to glorify God by making disciples through the power of the gospel.” This mission is based on Jesus’ great commission to His disciples (Matt. 28:18-20) which clearly becomes the guiding passion of God’s followers for the rest of the New Testament. Acts is the history of this mission impacting the known world, and the epistles are Paul’s practical outworking of that mission in local churches. There’s no question that God wants His people to be making disciples of others.

Paul told Timothy in 2 Timothy 2:1-2

*“You then, my child, be strengthened by the grace that is in Christ Jesus, and what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also.”*

God’s clear plan for the church is for His people to teach one another God’s truths. And yet few Christians know how to actually get this mission accomplished! We know THAT we need to do it, but we don’t seem to know HOW.

This Biblical Foundations study is here to help! It is designed to be a one-on-one discipleship program giving you the tools you need to teach a disciple key biblical, foundational lessons. You can also use these materials to help answer questions that a young believer may bring to you.

---

# **2** HOW IT WORKS

## **1. THE LESSONS**

There are a number of lessons covering key topics like Salvation, The Bible, Prayer, Personal Outreach and more. They are worksheet style, meaning the disciple works through the lesson, looks up the verses and answers the questions. As they do this, they will be learning what the Bible says about these topics and learning how to apply these truths to their lives.

Each lesson is written by pastors and biblical counselors who have hours of experience discipling people through various life situations.

## **2. THE FORMAT**

Though this can be done in many ways, our suggestion is that you give the disciple the lesson to work through on their own. They will bring the completed lesson back to you on an appointed time where you can go over it with them, insuring they understood the material. Once you complete a lesson, you can give them the next one to complete for your next meeting. In most lessons, there is a section at the end entitled “Life Change.” This section will help your disciple apply these lessons to their life in a real way. There are also book suggestions if the disciple wants to dig deeper into that topic.

### **3. THE ORDER**

We have not numbered these lessons as we have found different disciples will need the lessons in different orders. In other words, you may just walked through “The Bible” with a disciple, and, due to what’s going on in their life, they have questions about baptism. You can assign that as the next lesson instead of feeling like you need to walk through a specific order. Though some lessons work well in sequence “Salvation” before “Baptism”, for example, most lessons can stand on their own.

However, if you would like a suggested order, you may follow this:

- 1.** Salvation
- 2.** Purpose
- 3.** Gospel Centrality
- 4.** The Bible
- 5.** Baptism
- 6.** Prayer
- 7.** Worship
- 8.** Growth and Change 1
- 9.** Growth and Change 2
- 10.** What is the Church?
- 11.** How does the Church Work?
- 12.** Community
- 13.** Personal Outreach
- 14.** Dealing with Conflict Biblically

### **3. WHERE DO I FIND THE LESSONS?**

There are digital copies of these lessons on our church website or you can request the booklet form from the church secretary.

### **4. WHAT DO THE LESSONS COVER?**

For each lesson, there are certain key truths we hope will come to the surface. As you teach them, be sure these key truths are clear.

Lesson	Key Truths
Salvation	<ol style="list-style-type: none"> <li>1. God created us with an eternal purpose: To bring Him glory.</li> <li>2. Man sinned and hindered that purpose.</li> <li>3. Because God is just and holy, He must punish sin. Punishment for sin is a place called Hell, which is spiritual death.</li> <li>4. Because we cannot save ourselves, Jesus became a man, lived a perfect life in my place, then died on the cross for my sin.</li> <li>5. There must be a time when we call on Him, believing these truths, and asking Him to save us. Ensure your disciple has done this.</li> </ol>
Purpose	<ol style="list-style-type: none"> <li>1. We have been created for a purpose and that purpose is to bring God glory.</li> <li>2. We bring Him glory by showing the world around us how great our God is.</li> <li>3. God showed His greatness in His Son, through creation, through the church, and in the people He created.</li> <li>4. This purpose needs to impact my thinking everyday.</li> </ol>
Gospel Centrality	<ol style="list-style-type: none"> <li>1. The gospel is the paramount truth for unbelievers, but also believers.</li> <li>2. In order to understand the Bible, you need to know that the gospel is the central message.</li> <li>3. I need the gospel in order to grow spiritually.</li> <li>4. Bible authors demonstrated that truth with both direct connections to the gospel and/or with gospel language.</li> <li>5. Therefore, the gospel should be the key truth that informs my worldview. As such, it will change the way I think about everything.</li> </ol>
The Bible	<ol style="list-style-type: none"> <li>1. Because God has given us His word, it should take authority in our lives.</li> <li>2. God's word is infallible (without error).</li> <li>3. God's word is sufficient for all of life's problems.</li> <li>4. As believers, we should hear, read, and study God's word.</li> </ol>
Baptism	<ol style="list-style-type: none"> <li>1. According to Jesus, baptism is an important step for all believers.</li> <li>2. Baptism is identification with the death, burial, and resurrection of Jesus Christ.</li> <li>3. The normal mode of baptism in the bible is immersion after salvation.</li> </ol>
Prayer	<ol style="list-style-type: none"> <li>1. When we understand Who God is and what He has asked us to do, we will call on God and He will answer us abundantly.</li> <li>2. Therefore, we should make prayer a regular activity in our lives.</li> </ol>

Lesson	Key Truths
Worship	<ol style="list-style-type: none"> <li>1. God places a high value on worship.</li> <li>2. Worship must be an internal, passionate response (spirit), to the reality of Who God is (truth).</li> <li>3. Worship is the magnification of God and the minimization of self.</li> <li>4. It's a lifestyle</li> <li>5. It should be important to the church.</li> </ol>
Growth and Change 1	<ol style="list-style-type: none"> <li>1. It is possible to change</li> <li>2. Change is hard.</li> <li>3. Jeremiah 17 gives a good overview of how change happens.</li> <li>4. In order for behavior to change, the heart must change.</li> <li>5. Change is only possible through the power of the gospel.</li> </ol>
Growth and Change 2	<ol style="list-style-type: none"> <li>1. We need to be aware of our heart condition.</li> <li>2. There are four key heart patterns we tend to fall into: Anger, foolishness, despair, and fear.</li> <li>3. We need to discover our key heart patterns and address them with the gospel.</li> </ol>
What is the Church?	<ol style="list-style-type: none"> <li>1. There are some common misconceptions about church that we need to be aware of.</li> <li>2. There is both a universal church involving every believer of all time, and a gathering of people in a specific location (local church.)</li> <li>3. God ordained two offices for the local church. Pastors (also called Elders and Overseers) and deacons.</li> <li>4. Pastors equip the saints for the work of the ministry.</li> <li>5. Deacons serve the church.</li> </ol>
How does the church work?	<ol style="list-style-type: none"> <li>1. God sees the church as very important even though our culture does not.</li> <li>2. God's primary tool for getting the gospel to the world is the church.</li> <li>3. Our church's mission is "to glorify God by making disciples through the power of the gospel."</li> <li>4. We believe that the church is the place where people should experience God's glory every Sunday.</li> <li>5. Jesus gave the church the primary mission of discipleship.</li> <li>6. Our church has 5 key distinctives: applicational preaching, passionate worship, intentional discipleship, fervent prayer, and strategic outreach.</li> </ol>

Lesson	Key Truths
Community	<ol style="list-style-type: none"> <li>1. We were all created to live in community with other believers.</li> <li>2. Community means living out the “one anothers” of the New Testament.</li> <li>3. To truly live in community we must deal with conflict biblically.</li> <li>4. Community in our church happens primarily through small group.</li> <li>5. All of life’s difficulties are disciplined through community.</li> </ol>
Personal Outreach	<ol style="list-style-type: none"> <li>1. Jesus commanded us to preach the gospel to every creature.</li> <li>2. Because we have been saved, we are ambassadors of Christ.</li> <li>3. Prayer must fuel our outreach.</li> <li>4. There are people all around us ready for the gospel if would would simply lift up our eyes to see them.</li> <li>5. Preaching the gospel must go hand in hand with helping people in need.</li> <li>6. Outreach is more than just living a certain way for people to notice. It mandates that we tell people the gospel truths.</li> <li>7. Learning how to bring a conversation into a gospel invitation will help you.</li> </ol>
Dealing with Conflict biblically	<ol style="list-style-type: none"> <li>1. Conflict with others is inevitable.</li> <li>2. We should seek to honor God through our righteous response to conflict.</li> <li>3. They should understand the steps to resolving conflict Biblically (Examine Yourself, Confess Your Sin, Gently Restore, and Forgiveness)</li> <li>4. They should understand what forgiveness is.</li> </ol>