

Here's a list of some practical questions, thoughts, etc. that can help you make the most of this quarantined time with your students. If you haven't watched the video, I'd give it a view and then come back to this page! Thanks to Larry Sloan for helping me come up with this list. If you have any spiritual needs or ways I can be pouring into your family, please don't hesitate to contact me!

DIALOGUE

- 1) How's your soul?
 - a) This is a question I ask students a lot; it's based out of Judah Smith's book, "How's your soul?" Another way I ask students this is, "How is your desire/love for Jesus today/this week? What is something the Lord has been showing you?"
 - b) The real meat to this question is found in its introspective nature. Odds are your kid will answer this question with, "good." Ask them what good means and press the question.
- 2) What movie or show best describes your life right now?
- 3) Favorite bible verse or story and why
- 4) Worship song of the week
- 5) Pray together after a meal
- 6) Make midnight snacks and eat them together

SET A TABLE

- 1) Remove phones when it's time to eat (parents included)
 - a) Use this time to reminisce...tell stories. We're creatures of stories, don't aim to teach or lesson, but just share a story. These normally start off with "Remember when..."
- 2) Questions/topics in a bag. Do a little looking online, there's some great blogs dedicated to this sort of activity
- 3) Talk about Sunday's sermon.
 - a) Ask about what they remember, what they agree or disagree with, and what was the application

BEAUTY

- 1) Take a walk and enjoy nature
- 2) Don't complain but compliment.
 - a) when you come in from work, make an effort to focus on the positive parts of the day, don't focus on the mess in the living room, etc.
- 3) Check on your neighbors together and see if they need anything
- 4) Binge Jesus
 - a) There's a show called "The Chosen" and it's amazing. You can download the app and watch it for free!

BOOKS

Here's a couple of books I'd recommend if you're looking for ways to better minister to your teen. I've got a bunch more, but these four stuck out:

- 1) *Why they Stay* by Parr & Crites
- 2) *The Five Love Languages for Teenagers* by Chapman
- 3) *How's Your Soul?* by Smith
- 4) *Don't Waste Your Life* by Piper