

What to Bring

Personal Items

1. Bible || Pen / Pencil || Missionary Journal
2. Soap || Shampoo || Personal toiletries
3. Sunscreen
4. Insect Repellent – *recommend one with deet*
5. Small Flashlight – *unless you prefer to use your cell phone flashlight*
6. Water Bottle – *recommend a stainless steel or hard plastic (Ex: Nalgene, HydroFlask, Yeti)*
7. Jacket or Poncho for the rain
8. Baby Wipes – *recommend at least one travel pack*
9. Hand sanitizer
10. Backpack or small bag to carry what you will need for each day
11. Passport
12. Picture ID – *driver's license*

Clothing & Bedding



- **Pack Light** – you only get 1 checked bag under 50lbs
 - **Work & Downtime Clothes:** Shorts or Pants || T-shirts / Tanks || Athletic Clothes
 - **Clothes for Church:** Pants or Skirt || Collared or Casual Sunday type shirt
 - **Swimsuit**
 - **Shoes for Games:** Soccer Cleats
 - **Shoes for Downtime:** Tennis Shoes || Sandals || Flip Flops
- **Average Temperature** at the time of our trip
 - **Daytime:** 85° to 95°
 - **Morning & Evening:** 65° to 75°
- **The Mission House will provide:** Pillows || Linens || Towels

Packing

- Each person can check 1 bag under 50lbs – *please weigh your bag prior to the trip*
- You may have one carry-on bag – *we recommend that this be your backpack for the week.*
 - In your carry-on bag...
 - One complete change of clothes, essential toiletries & any necessary medication
 - Passport, ID & some money
 - **PLEASE NOTE:** TSA now requires you to remove all snacks from your bag before you send it through the scanner. You are allowed to keep your snacks, but they have to be scanned separately. We recommend only packing the snacks you need for the flight in your carry-on bag (using ziploc-style bags is helpful) and putting the rest in your check bag.

Electronics & Communication

APPS to Download:

- **Mobile Passport App** 
 - Please download & setup prior to our trip
 - This app will expedite our time in immigration when we return
- **WhatsApp** 
 - Please download & setup
 - **Once our team is finalized - WhatsApp will be our primary form of communication as a team**
 - Once you have setup WhatsApp we will add you to the “SU Soccer MEX 2021” Group

Electronics Usage:

- **You may bring any electronics that you want for you trip**
 - Your USA power adapters will work – *no foreign power adaptors needed*
 - We will have a laptop & iPad with us that the team can share for internet use as needed
- **Cell Phone Usage**
 - If you have AT&T or Verizon you can use your phone in Mexico just like you do in the USA without incurring any international roaming fees.
 - If you have a phone carrier other than AT&T or Verizon please contact your carrier to find out if you will need an international plan.
 - *If you do not want to pay for an international plan you are welcome to use Topher’s phone for texting family during our trip.*

- **Cell coverage & Wifi**

- Cell Phone coverage is reasonable in Ichmul and the surrounding communities where we will be.
- There is cell and data coverage at the Mission House complex but the data coverage is much slower than what you have in the USA.
- Mission House has Wifi which you will have access to if you are unable to access data coverage on your phone.

Emergency Contact :

- If your family needs to reach you during our trip, they can call Topher's cell at any time.
 - Topher's Cell: 678-451-7154

Spending Money

- We will have a day to do some souvenir shopping, so we encourage you to bring a little extra spending money
 - Recommend not over \$150 - \$200
 - We will exchange money as a group once we arrive in MEX
- Helpful hints in determining how much spending money to bring
 - \$20-\$30 for snacks or sodas
 - \$40 for meals at the airport
 - How many souvenirs do you plan to buy?
 - Just for yourself
 - For you and family or friends
 - For you, family, friends, and the people who have helped you financially
 - What type of souvenirs do you want to buy?
 - T-shirts are pretty cheap: \$5 - \$10
 - Fun trinkets can range from \$1 - \$15
 - Bigger items – the sky's the limit on price