

Just Be

August 12, 2018

The Big Idea for the Series

Jesus' life and teaching can help us simplify our lives and calm our souls when we come face to face with chaos and confusion.

The Big Idea for Today

We can be freed from the stress of busyness when we take time to simply be with our Creator and our Savior.

³⁸ As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!"

⁴¹ "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."
(Luke 10:38-42)

To prioritize my life, here is my starting point:

⇒ First Thing Each Day - Be With _____

- Find a _____
- _____
- Read _____

⇒ First Day Of Each Week - Be With _____



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