



# AMAZING CLASSES FOR YOUR CHILD TO ENJOY!



AMAZING ATHLETES IS MULTI-SPORT PROGRAM SETS KIDS ON A PATH TO AN **ACTIVE & HEALTHY LIFESTYLE** BY TEACHING THEM THE BASICS OF SPORTS, HEALTH, AND NUTRITION.

## PLAY



**10 SPORTS**



## LEARN



INTRODUCTION TO  
**NUTRITION**



**MUSCLE**  
IDENTIFICATION



## PERFORM

**BALANCING JUMPING THROWING  
CATCHING RUNNING KICKING**

## CLASS OVERVIEW



**WARM UP**



**ACTIVE EDUCATION**



**SPORT ONE**



**SPORT TWO**



**COOL DOWN**

## COME PLAY WITH US *at Little Hearts Preschool*

Get ready to have fun with Amazing Athletes!

There's still time to jump in and have fun at our upcoming class. See details below.

**Dates:** 3/12/26 - 4/30/26 - Thursdays

**Time:** 12:00pm - 1:00pm

**Price:** \$105.00/session - 7 classes

**Annual Registration:** \$30 *includes T-shirt*

**Address:** Little Hearts Preschool  
7904 Princeton Rd

## Enroll with QR code Below

SEE FULL AGE BREAKDOWN AND  
SCHEDULE BY SCANNING



**CONTACT US:**  
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**LEARN  
MORE &  
ENROLL**

