



What to Bring and What Not to Bring to Camp

DO bring to Camp:

- Medication (if needed)
All medications must be in original container with camper's name on it
- Clothing
We will be outside most of the time, being active and likely getting dirty, so comfortable, older clothes are best. Mornings and evenings may be cool and daytime very hot, so bring clothing appropriate for both temperatures.
Don't forget a daily change of underwear and socks.
- Shoes
Comfortable tennis shoes.
Footwear for water activities - old tennis shoes or water shoes (must have straps around the back of the feet.)
Flip flops are recommended for the wash house and not allowed for regular wear.
- Modest Swim Wear
Girls wearing a 2-piece bathing suit will be required to wear a shirt overtop
- Bath Supplies
Towel, washcloth, soap, shampoo, toothbrush, toothpaste, etc.
- Sleeping bag and pillow
- Flashlight (and necessary batteries)
- Bible, pen/pencil
- Bug spray and sun screen
- A good attitude and an open heart!

DO NOT bring to Camp:

- Drugs, alcohol, tobacco products
- Pornography
- CD players, iPods, MP3 players, or the like
- Weapons of any kind
- Cell phones or other electronic devices
- Money
- Food, drink, candy, or gum