

The Rise and Fall of the Modern Self

By Carl Trueman

Reader's Guide

You may also access this
reading guide on our App or
webpage at
www.cbcrmc.com

From Pastor Brandon:

Please email me at bmdees@outlook.com to confirm you are reading along with the group. From time to time in the weeks to come, I will send emails to complement our reading. I am so thankful you are reading along with me!

In addition to reading this book, you may also find it profitable to listen to the author's recent appearances on the **Gospelbound** podcast (November 17, 2020 episode) and The **Crossway** podcast (November 17, 2020 episode).

Jan 18 – 24	Foreward, Preface, Introduction and Chapter 1 “Reimagining the Self”
Jan 25 – 31	Chapter 2 “Reimagining Our Culture”
Feb 1 – 7	Chapter 3 “The Other Genevan”
Feb 8 – 14	Chapter 4 “Unacknowledged Legislators”
Feb 15 – 21	Chapter 5 “The Emergence of a Plastic People” and Epilogue to Part 2
Feb 22 – 28	Chapter 6 “Sigmund Freud, Civilization, and Sex”
Mar 1 – 7	Chapter 7 “The New Left and the Politicization of Sex” and Epilogue to Part 3
Mar 8 – 14	Chapter 8 “The Triumph of the Erotic”
Mar 15 – 21	Chapter 9 “The Triumph of the Therapeutic”
Mar 22 – 28	Chapter 10 “The Triumph of the T” and Epilogue to Part 4
Mar 29 – Apr 4	Concluding Unscientific Prologue

At the end of each chapter, write down the following:

What particular insights or quotes stood out most?

Write down any questions you may have after reading this chapter.

You may find that you want to read more than one chapter per week. You may also find you want to re-read certain chapters and/or sections. You are welcome to proceed at your own pace. The overall goal is not to just finish the book but to think carefully about the world around us as we read through together.

I have found that this one a book you’ll want to talk about with others. Though we do not know what the days ahead may hold, we will plan a time (Lord willing) for those who have finished the book to meet together, reflect on what we’ve learned, talk about the book, and pray together. Time and date TBD!