

Sunday Small Groups are to:

TEACH the Bible to change lives

REACH the lost with the Good News of Jesus Christ and



CARE for people through prayer, ministry and fellowship.

3-1-26

Attendance: 280

Visitors: 6

Enrollment: 502

WEDNESDAY FELLOWSHIP MEAL

Please submit your reservation by noon Tuesday before the meal on Wednesday.

NAME

Wednesday, March 11

5:15 pm to 6:00 pm

KFC Bowl
(chicken/mashed potatoes/corn/cheese)

Regular Meal
\$5.00 per plate

Chicken Tenders & Fries \$3.00 per plate

Yearly Reservation

I prefer to make reservations on a weekly basis

Payment is expected for cancellations after Tuesday.

FB/C
Legacy Builders



Work Day at

Georgia Baptist Children's Home
Baxley Ga

March 31, 2026

Leave the church at 7:00 am

Return by 5:00 pm

Call the church office or contact Jan if interested in this ministry opportunity



Daylight Savings Time

Spring Forward

March 8



Keith Rustin

Senior Pastor

478-308-0993

krustin@fbccochran.com

Jeff Dykes

Executive Pastor

478-230-8792

jdikes@fbccochran.com

Jan Evans

Legacy Builder Ministry

478-230-7127

jevans@fbccochran.com

Jamie Davis

Next Generation Pastor

912-424-1142

jdavis@fbccochran.com

Ryan McWhorter
Family & Children's
Ministry Pastor

706-302-6374

rmcwhorter@fbccochran.com

Matthew White

Worship Pastor

478-230-4721

mwhite@fbccochran.com

Andrea Floyd
Financial/Admin Assistant

478-298-2498

afloyd@fbccochran.com

Tammy Martin
Ministry Assistant

717-799-7995

tmartin@fbccochran.com

Join us for
WORSHIP

Sunday March 8

8:30 am Worship Service (Sanctuary)

9:45 am Sunday Morning Small Groups

11:00 am Worship Service (Sanctuary)

4:00 pm Youth Band (Summit)

4:00 pm Hospitality Team Informational Meeting (FH)

4:30 Bible Drills (Children's Dept)

4:30 pm Sanctuary Small Group (Sanctuary)

5:30 Adult Small Group (Conference Room)

5:30 Awana (Upstairs Children's Dept)

5:30 pm Youth Bible Study (Summit)

Wednesday March 11

5:15 Wednesday Night Fellowship Meal

5:30 pm Youth Pizza & Fellowship

6:30 pm First Kids Music & Missions (Multipurpose Rm)

6:30 pm Adult Prayer & Bible Study (Sanctuary)

6:30 pm Adult Choir Practice (Choir Room)

FIRST BAPTIST CHURCH
101 SOUTH SECOND STREET
COCHRAN GA 31014

RETURN SERVICE REQUESTED

TITLE FIRST LAST

ADDRESS

CITY, STATE ZIP

NonProfit Org
U.S. Permit Pd.
Permit No. 2
Cochran GA 31014

First Baptist Church Cochran

March 4, 2026

Vol. 63, No. 9



MAKE
JESUS
KNOWN

Thank you for all the support given to the North American missionaries!
Church Goal: \$9500

Charles Swindoll, in his book *Strengthening Your Grip*, writes: "Words can never adequately convey the incredible impact of our attitude toward life. The longer I live the more convinced I become that life is 10 percent what happens to us and 90 percent how we respond to it. I believe the single most significant decision I can make on a day-to-day basis is my choice of attitude; when my attitude is right, there's no barrier too high, no valley too deep, no dream too extreme, no challenge too great for me."

I'm inclined to agree with Pastor Swindoll. You know, the Bible has something to say about the importance of how we "set" our minds. God says through the prophet Isaiah, "You will keep him in perfect peace, whose mind is set on You..." (26:3) "Set your mind on things above, not on things on the earth" is the instruction of Colossians 3:2. God tells us in Philippians 4:8, "Finally, brethren, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things." Our attitude toward life is often the difference between seeing possibilities or problems; challenges or trouble; opportunities or obstacles. Someone once said, "The individual who thinks he or she can and the individual who thinks he or she can't are both right."

I received the following anecdote about the power of attitude in my email recently. There was once a woman who woke up one morning, looked in the mirror, and noticed she had only three hairs on her head. "Well," she said, "I think I'll braid my hair today." So she did and she had a wonderful day. The next day she woke up, looked in the mirror and saw that she had only two hairs on her head. "Hmmm," she said, "I think I'll part my hair down the middle today." So she did and she had a grand day. The next day she woke up, looked in the mirror and noticed that she had only one hair on her head. "Well," she said, "today I'm going to wear my hair in a pony tail." So she did and she had a fun, fun day. The next day she woke up, looked in the mirror and noticed that there wasn't a single hair on her head. "Yippee!" she exclaimed, "I don't have to fix my hair today!"

Attitude is so important. As the saying goes: "The kind of life you will have isn't determined by what happens to you, it's determined by your reaction to what happens to you." Woodrow Kroll once said, "Nothing is so sour that it can't be sweetened by a good attitude." God tells us in Proverbs that "as a man thinks in his heart, so is he." Paul writes in Philippians 4:11: "...for I have learned in whatever state I am, to be content." Notice Paul says this attitude is something he had to learn, which indicates that it didn't come naturally. In fact, I think our natural inclination is toward negativity & pessimism. I've noticed in my own soul that my knee-jerk instinct is to believe the worst I hear I about an individual or circumstance and I'm just as quick to doubt the wholesome news I hear about an individual or circumstance. So I encourage you to give attention to your attitudes - your life view, your worldview. Ask God to make Philippians 2:5 a reality in your life: "Let this mind be in you which was also in Christ Jesus..." Possessing a godly mindset will not prevent difficulties from coming your way...but a healthy attitude can certainly alter the way difficulties impact your life. Grace & peace. love you. PK

