Sunday Small Groups is to

TEACH the Bible to change lives

REACH the lost with the Good News of Jesus Christ and

CARE for people through



prayer, ministry and fellowship.

10-26-2025 Attendance: 308 Visitors: 16

WEDNESDAY FELLOWSHIP MEAL

Please submit your reservation by noon Tuesday before the meal on Wednesday.

NAME

Wednesday, November 19 5:15 pm to 6:00 pm Smoked Pork Chop, Black Eyed Peas, Rice, Cornbread

Alternate Choice: Chicken Tenders & Fries

Regular meal \$5.00 per plate

Chicken tenders & fries

\$3.00 per plate

Yearly reservation

I prefer to make reservations on a weekly basis.

Payment is expected for cancellations after Tuesday, 12:00 pm.







November 13 Gpm - 8pm December 4 6pm - 8pm December 1310 am @ BCHS





Senior Pastor 478-308-0993 krustin@fbccochran.com

Jeff Dykes Executive Pastor

478-230-8792 jdykes@fbccochran.com

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Ryan McWhorter Family & Children's **Ministry Pastor** 706-302-6374 rmcwhorter@fbccochran.com

Matthew White **Worship Pastor** 478-230-4721 mwhite@fbccochran.com

Andrea Floyd Financial/Admin Assistant 478-298-2498 afloyd@fbccochran.com

> **Tammy Martin Ministry Assistant** 717-799-7995 nartin@fbccochran.com



Sunday, November 16 8:30 am Worship Service (Sanctuary) 9:30 am Continue Budget Conference (Sanctuary) 9:45 am Sunday Morning Small Groups 11:00 am Worship Service (Sanctuary) 4:00 pm Youth Band (Summit) 4:30 pm Bible Drills (Children's Department) 4:30 pm Sanctuary Small Group (Sanctuary) 5:30 pm Community Hymn Sing (Sanctuary) 5:30 Awana (Upstairs Children's Department) 5:30 pm Youth Bible Study (Summit)

Wednesday, November 19 5:30 pm Youth Pizza & Fellowship (Summit) 6:30 pm First Kids Music & Missions (Multipurpose Room) 6:30 pm Adult Prayer & Bible Study (Fellowship Hall) 6:30 pm Adult Choir Practice (Choir Room) 6:30 pm Youth Bible Study (Summit)

FIRST BAPTIST CHURCH 101 South Second Street Cochran, GA 31014-6806

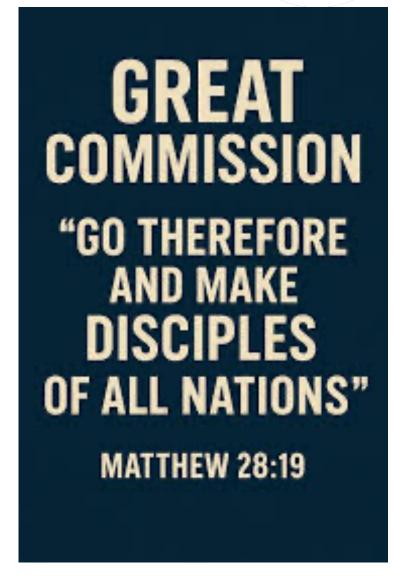
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TITLE FIRST LAST **ADDRESS** CITY. STATE ZIP

First Baptist Church Cochran November 12, 2025 Vol. 62, No. 43







I make \$55,000 a year and I'm broker than my 75-year-old grandpa. To save myself from my \$1,800-a-month studio apartment, I had to move into his basement. This wasn't the plan. The plan was a downtown loft, happy hours, and a vibrant social life funded by my new marketing degree. Instead, I'm in suburban Ohio, sleeping on a 1980s sofa bed in a room that smells like cedar wood and mothballs. "It's just temporary," I told myself, clutching my artisan iced coffee as I hauled in the last box.

"That stuff costs five bucks?" Grandpa Frank asked from the doorway. He was holding a steaming mug of black instant coffee that looked thick enough to pave a driveway. "It's \$7.50, Gramps," I corrected him. "And it's a small luxury. I worked hard for this job. I deserve a treat." Frank just grunted. "You 'deserve' to pay off that \$40,000 school debt you keep complaining about. I just drink coffee. You drink a car payment."

Living with Frank was like living with a ghost from a history book. A very judgmental history book. His house was a museum of thrift. There was one television—a small, buzzing box he'd owned since my dad was in high school. He got 3 channels with an antenna; I had subscriptions to four different streaming services on my laptop, which I paid for by "browsing" more than actually watching. "Why are you paying for all those shows?" he asked one night, squinting at my screen. "It's choice, Gramps. Options." "Looks like a waste of time," he said, turning his attention back to the news.

The real flashpoint was food. On Friday, after a brutal week of spreadsheets, I was exhausted. I didn't want to cook. I wanted convenience. I opened my favorite food delivery app and ordered a \$28 artisan burger. When the delivery driver pulled up, Frank was on the porch. He watched me take the bag like I had just committed a felony. That night, he was eating what he called "Whatever's-Left-Casserole," which appeared to be leftover hotdogs, some beans, and half an onion, baked. It looked awful. It probably cost \$2. "Must be nice," he muttered, spooning brown sludge onto his plate. "Eating like royalty." "It's just one burger, Frank!" I snapped, the stress of my loan payments boiling over. "The economy is terrible! Inflation is insane. I can't even afford rent. You guys had it easy! You bought this whole house on one salary!"

Frank put his fork down. It was the first time I'd seen him look genuinely angry. "Easy?" he said, his voice dangerously quiet. "I started at the steel mill at 18. I worked 12-hour shifts, six days a week. When inflation was 10% in the 80s, my mortgage rate was 14%. I didn't eat 'artisan' anything. I ate a bologna sandwich. Every. Single. Day." He pointed at my laptop. "You got a \$1,200 phone. My phone," he gestured to an ancient flip phone in a cradle by the wall, "makes calls. You got a tattoo sleeve that cost more than my first car. My tattoos?" He rolled up his sleeve to show a faded blue anchor. "Got this in the Navy. It came with nightmares, not a payment plan." I felt my face flush. "So what, I'm just supposed to be miserable?"

"You're not miserable!" he barked. "You're just soft. You kids want the reward without the work. You want the house, but you won't give up the \$7 coffee. You want financial freedom, but you pay \$28 for a burger because you're too 'tired' to open a can of soup." He walked over to his old roll-top desk and pulled out a small, vinyl-bound bank book. He tossed it on the table. It was a passbook for his savings account. I opened it. The balance made my stomach drop. From his factory pension and social security, this man who lived on canned soup and instant coffee had saved over \$280,000.

I looked at the balance. I looked at my phone, still open to the delivery app and my \$28 burger. Frank picked up his plate of leftovers. "You are right, Alex," he said, heading to the kitchen. "I bought this house on one salary. But I also didn't have 47 subscriptions, leased cars, or emotional support smoothies." He stopped at the doorway and looked back, his eyes drilling into me. "You don't have an income problem. You have an expense problem. You're not poor. You're just paying a subscription to act rich."

This was posted by my high school friend Carlton. Makes me think about Philippians 4:11-12, "...for I have learned to be content whatever the circumstances...in any and every situation, whether well fed or hungry, whether living in plenty or in want." Grace & peace, love you. PK

