



“...That the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, “This is my body, which is for you. Do this in remembrance of me.” In the same way also he took the cup, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.” **1 Cor. 11: 23-26**

Communion is an integral part of **Christian worship**. It causes us to **remember our Lord’s death and resurrection** and to **look for His glorious return** in the future.

As your child matures in their faith and it is evident that they are truly born again, parents should be perceptive as to when they are ready to understand and participate in communion. **The spiritual maturity level of one child differs from that of another**, even within the same family.

Is your child ready for communion?

1. Have they professed faith in Christ after repentance of their sins?
2. Do they understand what the bread and wine/juice represent?
3. Are they mature enough to be able to discern the weight of the Lord’s Supper?
4. Can they openly examine themselves and their need for a Savior? (1 Cor 11:28-29)

Communion **does not save us**, but rather is a step of **obedience and remembrance** of what Jesus did for us in providing for our salvation, and so should be approached with **reverence and humility**.



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ABOUT COMMUNION!

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