

Groups

In The Beginning – The Fall of Humanity *Genesis 3*

Getting started

What is a tempting food for you?

Discussion

Read the passage and answer the following questions as a group.

Pastor Doug said, “Sin begins with a thought.” How does controlling our thought life help to keep us from sin? Is controlling your thought life easy or difficult for you? What successes can you share for controlling your thought life?

How does the lie of “God is keeping me from my best life” still impact us today?

In what ways do you keep your soul connected to God? What are some practices that you can share with the group?